ROSEDALE COLLEGE
Wood End Green Road,
Hayes, Middlesex, UB3 2SE

COLLEGE NEWS

RC2897

FRIDAY 20TH NOVEMBER 2026

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Anti-Bullying Week: Breaking The Silence

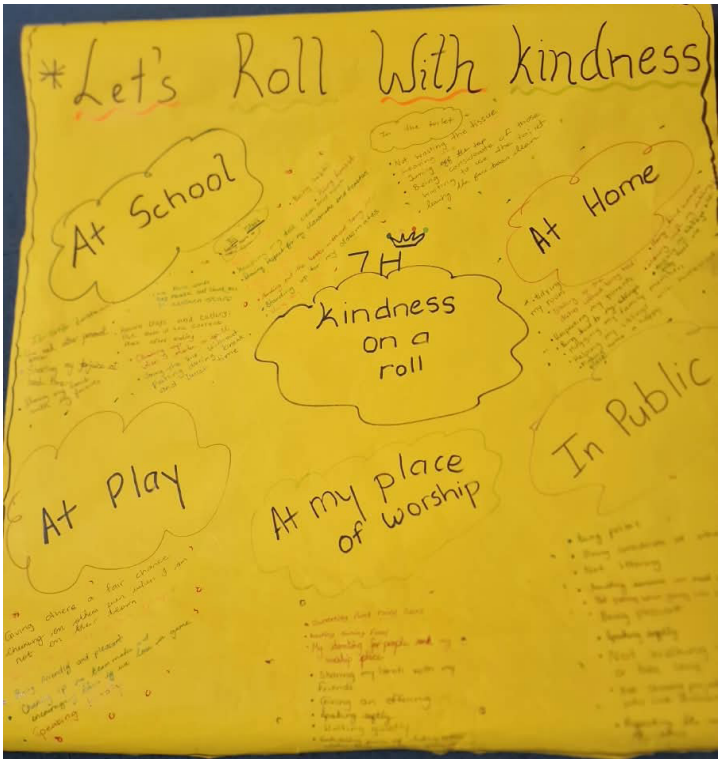
This week, our College came together to support Anti-Bullying Week and its important message to "Break the Silence." Through a range of activities, students reflected on the importance of speaking up, supporting others and creating a culture of kindness.

One of the highlights was Odd Socks Day, where students and staff proudly wore their brightest and most colourful socks to celebrate what makes each of us unique. The whole school also took part in a fun "Match the Teacher to the Socks" competition, with 9M crowned the winners after successfully matching the teachers to their socks.

Students from Year 7 right through to Post 16 embraced the week with enthusiasm, creating anti-bullying posters, customising socks and sharing positive messages about kindness, inclusion and friendship.

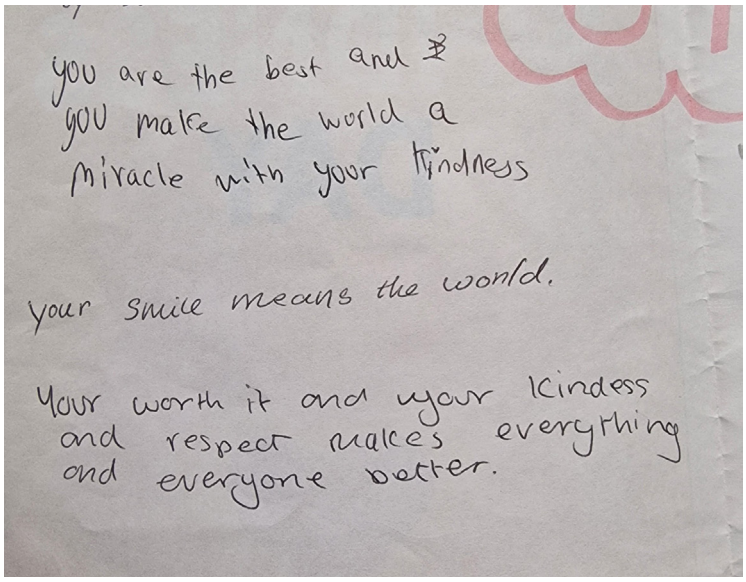
We were also overwhelmed by the number of Kindness Award nominations received for both individual students and form groups. The nominations highlighted the many small acts of kindness that happen every day and make our school such a welcoming community.

A huge thank you to everyone who took part. By looking out for one another, speaking up when something isn't right and showing kindness every day, we can all help to Break the Silence.









Parents Information Session

Parents, guardians and carers are invited to attend a free Parents' Information Session taking place on Wednesday 2nd December 2026, from 10.00am to 2.00pm at the Yiewsley and West Drayton Community Centre, 228 Harmondsworth Road, West Drayton, UB7 9JL. This drop-in event offers practical advice and support to help families navigate their child's journey, with opportunities to meet local organisations and service providers, learn more about Children's Social Care and SEND reforms, and share feedback on services available across Hillingdon.

A play-and-stay crèche and refreshments will be available throughout the session, making it easier for parents, guardians and carers to attend. We encourage any families who may benefit from this support to come along and find out more.

For more information, please visit our website: https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/hillingdon-parent-drop-in-event-for-families-of-children-with-send





December 2026

DECEMBER	
4th December	Christmas Market Lille
9th - 10th Dec	Winter Festival
11th December	National Gallery
16th December	Christmas Lunch

ROSEDALE COLLEGE

Week Commencing: *Monday ..... January*

MENU 2

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	*Strawberry Mousse with Fresh Strawberries*	*Fresh Fruit and Yoghurts*
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	**Halal**
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Halal**
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Non Halal**
Meal Choice 4	Creamy Pasta Bake	**Vegetarian**
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	*Chocolate Sponge*	*Fresh Fruit and Yoghurts*
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	**Non Halal**
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	**Vegetarian**
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	*Fruit Tarts*	*Fresh Fruit and Yoghurts*
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Halal**
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Non Halal**
Meal Choice 3	Vegetable Tart	**Vegetarian**
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	*Vanilla Cheesecake*	*Fresh Fruit and Yoghurts*
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	**Halal**
Meal Choice 3	Vegetable and Cheese Pasta Bake	**Vegetarian**
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	*Apple Pie*	*Fresh Fruit and Yoghurts*

Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily