

Year 11 GCSE Geography Epping Forest Trip

On Monday 19th October 2026, Year 11 Geography students took part in an exciting river fieldwork investigation at Loughton Brook in Essex. The visit provided a valuable opportunity for students to bring their classroom learning to life while developing essential practical skills in preparation for their GCSE Geography examinations.

Throughout the day, students explored the flood risks associated with the river, investigating how the physical characteristics of the channel influence river processes and the likelihood of flooding. Working collaboratively in groups, students collected primary data at various locations along the brook, measuring channel width, channel depth and river velocity.

Using specialist equipment and geographical fieldwork techniques, students carefully gathered and recorded their findings, considering how these factors affect river discharge and flood potential. They also observed the surrounding environment, identifying river management strategies and examining land use within the drainage basin.

Our students demonstrated outstanding teamwork, enthusiasm and resilience throughout the visit. They approached each activity with maturity, followed safety procedures responsibly and showed excellent commitment to their learning.

The data collected will now be analysed in lessons to support students' understanding of river processes and prepare them for the fieldwork component of their GCSE Geography examinations.

Well done to all our Year 11 Geography students for their excellent behaviour, positive attitudes and hard work. They were a real credit to Rosedale College!



Post 16 Open Evening

Choosing what to do after Year 11 is an important decision, and finding the right Sixth Form can make all the difference. Whether you already have a career in mind or are still exploring your options, The Rosedale Hewens Academy Trust is committed to helping every student find a pathway that reflects their interests, strengths and future ambitions.

We are delighted to invite prospective students and their families to our Sixth Form Open Evening, taking place at Hewens College on Tuesday 3rd November 2026, from 5:30pm to 7:30pm. The evening is the perfect opportunity to discover everything that Sixth Form at The Rosedale Hewens Academy Trust has to offer and to begin planning the next stage of your education.

Find out more about the open evening on our website: <https://www.therosedalehewensacademytrust.co.uk/post-16/sixth-form-open-evening>

Sixth Form Open Evening

Preparing confident, independent learners for university, apprenticeships and successful careers

BOOK YOUR SPOT!

OPEN EVENING 5:30PM to 7:30PM

TUESDAY 3RD NOVEMBER 2026

www.therosedalehewensacademytrust.co.uk

Uniform Standards Reminder

At Rosedale College, we take great pride in maintaining high standards of appearance and presentation. Wearing the correct college uniform helps to create a positive learning environment, promotes a sense of belonging, and ensures that all students represent the College with pride.

Parents, guardians and carers are kindly reminded to ensure that students attend college each day in full uniform, including correct footwear and tie, with shirts tucked in and top buttons fastened. Skirts should be of an appropriate length, and jewellery, hats, caps, extreme hairstyles, and excessive make-up are not permitted. These expectations help maintain the high standards we expect across the College.

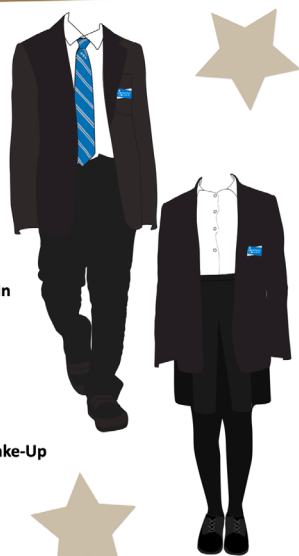
For full details of our uniform requirements, please visit: <https://www.rosedalecollege.uk/uniform-requirements>



UNIFORM STANDARDS

It is important that students wear their full school uniform when attending the College.

- ☒ Black Plain Shoes with Black Tights and Socks
- ☒ Top Button Done Up and Shirt Tucked In
- ☒ Correct Tie that is Long in Length
- ☒ No Jewellery, Hats or Caps
- ☒ No Extreme Hairstyles or Excessive Make-Up
- ☒ Skirt Knee Length



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A friendly reminder to all our parents, guardians, carers and students that the clocks will go back by one hour on Sunday 25th October 2026, at 2:00am, marking the end of British Summer Time.

This means we all get an extra hour in bed! As the evenings become darker earlier, we encourage families to remind children about staying safe when travelling to and from school, particularly during the darker afternoons.

Enjoy the extra hour of sleep and remember to adjust any clocks that do not update automatically!

	Week Commencing: Monday 2nd November 2026 MENU 1
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MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

		October 2026
OCTOBER		
26th - 30th October	Half Term	
26th - 30th October	Half Term Booster Classes (Invitation Only)	
NOVEMBER		
2nd November	Start of Term	
3rd November	Post 16 Open Evening at Hewens College	