

Duke of Edinburgh Camping Trip

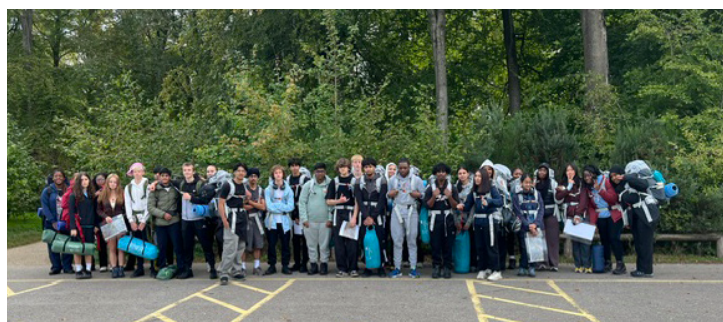
Last week, a group of determined Year 11 students embarked on their Duke of Edinburgh Bronze Award expedition in the stunning Chiltern Hills. An unforgettable two-day adventure filled with teamwork, resilience, and a fair bit of sunshine!

Armed with rucksacks, maps, and a spirit of adventure, the students navigated their way through rolling hills, ancient woodlands, and picturesque villages. Despite the occasional wrong turn, every team showed incredible perseverance and problem-solving skills.

Camping overnight under the stars, they cooked their own meals, set up tents, and shared stories around the campfire. For many, it was their first time being so independent outdoors—and they rose to the challenge brilliantly.

The expedition wasn't just about hiking; it was about building confidence, learning to work as a team, and pushing personal boundaries. Staff and assessors were incredibly proud of how each participant supported one another and stayed positive throughout.

A huge congratulations to all who took part, you've not only completed a key part of your Bronze Award, but also created memories that will last a lifetime.



Bringing Parliament into the Classroom

On Friday 11 September 2026, Rosedale College's Year 11 Citizenship students took part in an exciting UK Parliament Learn with the Lords virtual session, bringing their classroom learning to life.

The session provided a valuable opportunity for students to broaden their knowledge, develop their cultural capital and make meaningful connections between their Citizenship studies and the workings of the UK Parliament.

Students were joined by special guest speaker Baroness Scott of Needham Market, from the House of Lords, who shared insights into parliamentary life, democratic processes and the important role of the House of Lords.

Students were also able to ask questions and gain first-hand knowledge from someone directly involved in parliamentary affairs.

The session formed part of the Humanities Alliance's continued commitment to making learning engaging, relevant and memorable. Opportunities such as this allow students to connect their classroom learning with the people and institutions that shape British democracy.

We would like to thank Ms N. Lecky for her hard work and organisation in securing this enriching opportunity for our students.

This experience reflects Rosedale College's commitment to providing meaningful learning beyond the classroom, raising aspirations and encouraging our young people to become informed, active and engaged citizens.

Attendance

We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours.

The expectation of the governing body is that all students will achieve a minimum annual attendance rate of 96%.

The only circumstances in which absence from college will be authorized are when your child is too ill to attend or permission for leave of absence, due to exceptional circumstances, has been received from the Principal.

Is My Child Too Ill For School

We understand that it can sometimes be difficult for parents, guardians and carers to decide whether their child is well enough to attend school, especially when they have a cough, cold, temperature or another common childhood illness.

The NHS provides helpful guidance explaining when children can continue attending school, when they should stay at home and when further medical advice may be needed. Children with mild illnesses can often still attend if they are otherwise feeling well and do not have a high temperature, while some illnesses require a period of absence to help children recover and reduce the spread of infection.

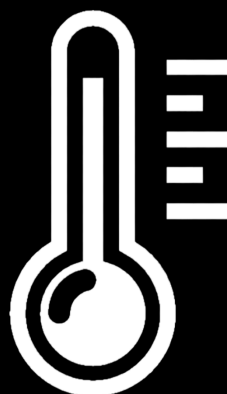
Please visit our website for more detailed guidance on common childhood illnesses and school attendance:

<https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/is-my-child-too-ill-for-school>



Is My Child Too Ill For School?

Does your child have a high temperature of 38°C or more?



Yes - keep them off school until it goes away.

No - visit our website for further guidance.

www.therosedalehewensacademytrust.co.uk

Punctuality

We would like to remind parents, guardians and carers of the importance of all students having a positive start to their day by arriving to college on time. All students are expected to be in college for morning registration. If you receive a communication from the College that your child has been late on more than one occasion, please discuss this with them and support them so that they arrive to college on time. Students who are persistently late will be referred to the Educational Welfare Officer.

Free BrightPath Support for Children and Families

Families can access BrightPath, a free programme from the Blue Magpie Foundation providing remote one-to-one educational, mentoring and wellbeing support for children aged five and over. BrightPath can support young people with Maths, English and Science, as well as confidence, mental health and wellbeing, and additional needs or SEND. Sessions are designed around the individual learner and can be accessed from home, providing additional encouragement and support in a welcoming environment.

Please take a look at our website to find out more about BrightPath and the support available to your family:

<https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/free-brightpath-support-available-for-children-and-families>






Free coaching. Brighter futures. Stronger communities.

Academic progress | Confidence | Life skills | A sense of belonging

BrightPath provides free online one-to-one support for children aged 5+ across the UK.

They can support children with:

- Positive mental health and wellbeing.
- Maths, English and Science – providing additional one-to-one tutoring for children who may be struggling.
- SEN support.

The programme is completely free for families that are referred.

www.therosedalehewensacademytrust.co.uk



October 2026

OCTOBER

9th October	Tfl Project Guardian Workshop
9th October	Y11 Geography Field Studies Trip to Stratford
10th October	World Mental Health Day
12th - 16th October	YR11 Options Assemblies for Post 16
19th October	Y11 Geography Field Studies Trip to Epping Forest
26th - 30th October	Half term



Week Commencing: *Monday 5th October*

MENU 2

MONDAY

Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts

TUESDAY

Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts

WEDNESDAY

Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts

THURSDAY

Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts

FRIDAY

Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts

Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily