



Year 7 Basketball

Year 7 students at Rosedale College participated in the London Borough of Hillingdon Basketball tournament on Thursday 3rd March.

After a tough first match against Bishops Ramsey, where both teams tied 4 goals each, our boys went on to perform exceptionally well against Vyners, where they believed in themselves as potential competitors and won the game 7-4. The team later went on to beat Haydon and Barnhill in the next two games to reach the semi-finals against Guru Nanak.

The semi-final game started with Rosedale leading by 2 points, but Guru Nanak recovered by a field goal in a fast break situation. Being under stress and physical fatigue, Cordalle and Haroon managed to steal the ball to feed Unejs for a layup, where he was unfortunately stopped by a foul. Unejs scored a free throw for Rosedale to lead 3-2 to the last minute of the game, however Guru Nanak scored over our towers, Sakaria and Yacub, despite their exceptional shift in defence, winning the game.

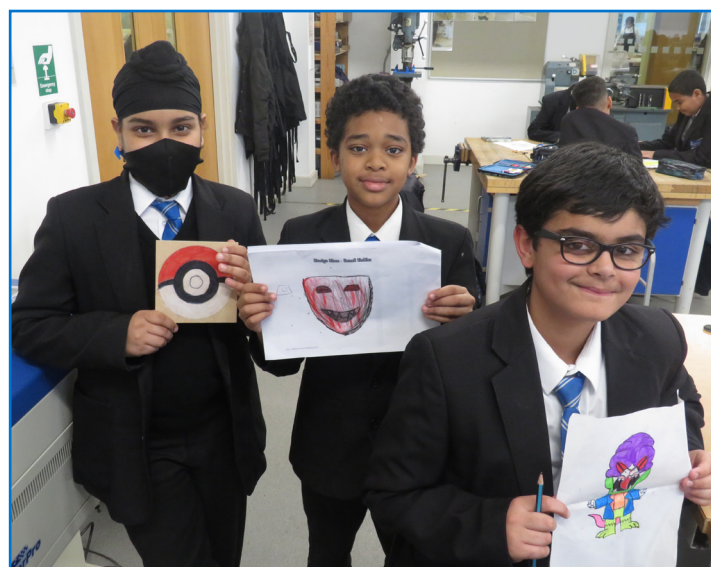
The team played extremely well, representing the College with confidence and poise. Students displayed sportsmanship, teamwork and technique, and for many, this was their first ever tournament of which they have now gained precious experience of playing under pressure. Well done boys; we are exceptionally proud of you all!



Extracurricular Activities

Rosedale College are pleased to see that extracurricular activities are again, successfully up and running. Students have the opportunity to participate in a variety of extracurricular activities during their time at college, from Sports, Art, Music, Drama, Food Technology, Languages, Information Technology and Technology. There are a whole range of benefits that come from involvement in these programmes.

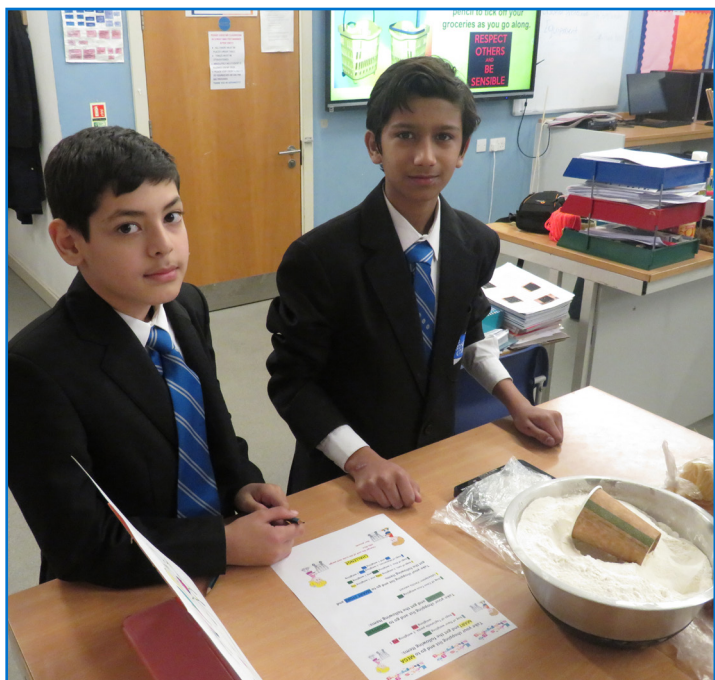
Extracurricular activities are providing our students with a productive break from studies and homework. Depending on individual interests, these clubs are also providing the chance to get outside and exercise, see friends, pursue a hobby or simply de-stress and refresh young minds. They are helping to build our students' skills outside of the classroom, and are great for developing general academic and soft skills. We have found that balancing a number of commitments is helping to improve our students' time management skills, and finding an area that students enjoy or excel at is also boosting self-confidence.



While students usually have the opportunity to pursue a wide range of study areas through core subjects and electives, the extracurricular activities are allowing our students to explore an interest in more depth than what is covered in class, or maybe even finding a completely new interest that they wouldn't have been exposed to otherwise.



Extracurricular activities are great to include on references as evidence of well-rounded interests and skills, and participation in sport can indicate that a child has the ability to work as part of a team, the drive to reach and improve on goals and the commitment to attend regular training sessions.



The activities we showcase provide social opportunities, and our students have said that being part of a group or team has provided them with a sense of belonging, with extracurricular activities offering an opportunity for them to interact with others with similar interests, building friendships outside of their usual class circle.

At Rosedale, we thrive in providing opportunities that enrich our students' personal development and wellbeing.



British Science Week

British Science Week is going full steam ahead this year from Friday 11th to Sunday 20th March, under the theme 'Growth'. It is a ten-day celebration with the aim to raise awareness, spark enthusiasm and celebrate Science, Technology, Engineering and Mathematics (STEM) with people of all ages and from all walks of life. There are a number of free activity packs focused around 'Growth' that are available to download via (<https://www.britishscienceweek.org/plan-your-activities/activity-packs/>), as well as the ever-popular poster competition which is open to children and young people of all ages. Entrants must submit their entries before the deadline of Friday 15th April at 5:00pm. Further details can be found at (<https://www.britishscienceweek.org/plan-your-activities/poster-competition/>).

World Poetry Day - Monday 21st March

Monday 21st March will be observed as World Poetry Day, a day to celebrate the power of poetry and language, whilst recognising its great cultural contribution to society. Each year, we are encouraged to join together in order to allow our voices, words and stories to bridge gaps in our understanding through forms of cultural and linguistic expression.

Facebook - Stay Connected

Follow us on Facebook via (<https://www.facebook.com/T.R.H.AcademyTrust/>) for the exciting content we post each week and gear up for many more memorable snapshots encapsulating the valuable opportunities offered, providing students with engaging, exhilarating and unimaginable experiences!

YEAR 11 PROM

The countdown begins... Only four months to go until the long-awaited Year 11 Prom! So, prepare for this 'rite of passage' by picking out your corsages or boutonnieres to ensure a truly magical night to remember for years to come. This is an opportunity not to be missed so please confirm your attendance promptly to enjoy your last hurrah as a 'Key Stage' student.

For a video montage of our Year 11 Prom in 2019, please visit (<https://youtu.be/Qz9TUWwzWXO>).

Punctuality

We would like to remind parents, guardians and carers of the importance of all students having a positive start to their day by arriving to college on time. All students are expected to be in college for morning registration. If you receive a communication from the College that your child has been late on more than one occasion, please discuss this with them and support them so that they arrive to college on time. Students who are persistently late will be referred to the Educational Welfare Officer.

College Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. It is designed to instil a sense of pride, identity and belonging. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.


Physical Education (PE) Kit

Physical activity is integral to the good health of our students and thus, suitable Physical Education (PE) kit is essential in ensuring that students access the PE national curriculum to its potential, and participate safely and comfortably in physical activity at college.

Students are not permitted to attend college in their PE kits on the days they have PE; they must arrive in full college uniform and change for PE on site. It has also come to our attention that a small number of students are attending college without the correct PE kit.

PE is a compulsory activity that all students must take part in and to ensure the safety of students, it is paramount that they wear the correct clothing. This consists of a royal blue polo shirt, royal blue socks both with the College logo on each item, all of which are compulsory, as well as a pair of trainers (any brand and colour). Students also have the choice of wearing either the Rosedale tracksuit or the Rosedale shorts; other branded tracksuits and hoodies are strictly prohibited.

If students do not attend in their full PE kit, they will not be able to engage in the practical lesson, and will receive the appropriate sanctions in accordance with our policy.

 MARCH TO MAY 2022	
MARCH	
Friday 18th to Sunday 20th	British Science Week Continues
Monday 21st	World Poetry Day
APRIL	
Friday 1st	Term Ends
Tuesday 19th	Academic Tutoring - Key Stage 3 and Post 16
Wednesday 20th	Academic Tutoring - Key Stage 4
Thursday 21st	Summer Term Begins
MAY	
Monday 2nd	Bank Holiday (May Day)
Monday 30th to Friday 3rd June	Half Term

	Week Commencing: <i>Monday 21st March</i>	
MENU 2		
MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	<i>Strawberry Mousse with Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	<i>Chocolate Sponge</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	<i>Fruit Tarts</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	<i>Vanilla Cheesecake</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	<i>Apple Pie</i>	<i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

Extracurricular Activities

We are eager to encourage all of our students to develop new interests and actively participate in the extracurricular activities that we have to offer at Rosedale College. Please visit (<https://www.rosedalecollege.uk/curriculum/extra-curricular-activities>) to view the extracurricular activities timetable for all clubs currently on offer.

If your child is interested in any clubs that are on offer, please ensure that they request a letter from the College Reception, and complete the reply slip accordingly. Unfortunately, some extracurricular activities are number restricted, so a prompt response is encouraged.