

## Year 9 The Tech School

The Tech School Year 9 group recently visited the Monday.com offices in London for an engaging and hands-on learning experience. During the visit, students used the Monday Vibe platform to design and create their own original digital games. Working in small groups, students planned, designed, and built their games from concept to completion. The activity challenged them to think creatively while applying technical and design skills in a real-world professional setting.

Throughout the session, students developed key skills including teamwork, communication, problem-solving, creativity, and digital design. They also gained confidence in presenting their ideas and valuable insight into how technology companies operate within the industry.

The visit provided an inspiring opportunity for students to extend their learning beyond the classroom and explore potential future pathways within the tech sector.



## Student Leaders Seminar

On Wednesday, 11th February, Rosedale College student leaders participated in an inspiring leadership seminar titled "Leading with Purpose: Inspiring Change Through Service and Example." The session was thoughtfully hosted by our dedicated faculty advisors, Mrs. Reid-Allen and Miss Lecky.

The seminar centred on developing leadership through service, integrity, and positive influence. Students were encouraged to reflect on the true meaning of leadership and how their actions can positively shape the college community.

We were honoured to welcome two special guest speakers who shared powerful insights and real-life experiences. Their messages challenged and motivated our student leaders to lead by example and to make a meaningful impact both within the college and in the wider community.

This valuable experience strengthened our student leaders' vision, deepened their commitment to service, and reignited their passion for making a difference at Rosedale College.



## A Guide For Parents On Managing Digital Lives

We would like to inform parents, guardians and carers about a new guide published by the Children's Commissioner for England, "What I Wish My Parents or Carers Knew: A Guide for Parents on Managing Children's Digital Lives." The guide explores the challenges young people face growing up in a digital world and offers practical advice to help families navigate children's everyday online habits. Developed with direct input from children and young people across England, it highlights their desire for firm, informed boundaries around smartphone and internet use, as well as the importance of parents staying engaged and protective when they are concerned about what their child may be viewing online. With schools across the country reporting increasing worries about online safety, this guide aims to support parents, guardians and carers and schools in working together to keep children safe. We encourage all families to read the guide which can be found on our website:

<https://www.therosedalehewensacademytrust.co.uk/childrens-commissioner-a-guide-for-parents-on-managing-childrens-digital-lives>



## Youth Vaping Statement

Vaping among children and young people is an increasing concern across London. To help address this, a London-wide Youth Vaping Position Statement has been agreed by London's Directors of Public Health and coordinated by the London Tobacco Alliance.

This statement sets out clear, evidence-based messages to protect young people from the harms of vaping and to ensure consistent information is shared across schools, communities and services. Visit our website to watch a short statement of the video:

<https://www.therosedalehewensacademytrust.co.uk/youth-vaping-information-for-parents-carers-and-guardians>

## Triple P Teens

Parenting teens can feel like a rollercoaster with many ups and downs. You may be dealing with behaviours that leaves you feeling drained, frustrated and overwhelmed. We understand how difficult it can be raising teenagers. The 6-week online course can help you learn more about positive parenting and how you can apply it to your family. If you're ready for a more in-depth look at parenting strategies for teenagers that really work, then this course is for you. Triple P (Positive Parenting Programme) is an approach to raising teenagers that aims to promote appropriate teenager development and the management of teenagers' behaviour in a constructive way.

<https://www.rosedalecollege.uk/latest-news/triple-p-teens>



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### Date, time and venue

- 🕒 4.15 pm - 6.15 pm
- 📅 Wednesday 21 January - Wednesday 4 March 2026 (Excluding 18th February 2026)
- 📍 Online via Microsoft TEAMS


To book your spot, please call Annmarie on 07949 890749 or email [AnnmarieF@familylives.org.uk](mailto:AnnmarieF@familylives.org.uk)


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[www.familylives.org.uk](http://www.familylives.org.uk)

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	February 2026
<b>FEBRUARY</b>	
16th-20th Feb	Half Term
23rd Feb	Term Starts
23rd Feb	Year 11 Trial Exams Starts
23rd Feb	Post 16 Trial Exams Start
24th Feb	Year 9 Only DTP/Meningitis Vaccinations
24th -- 26th Feb	Year 8 Options Taster Sessions at our Studio Colleges

	<b>Week Commencing: Monday 23rd February 2026</b> <b>MENU 3</b>
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MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		