

Rosedale College Sports Update

It has been a calm start to the academic year for Rosedale's sports teams, with plenty of exciting events still to come.

Our Year 11 Duke of Edinburgh participants recently completed their expedition in the beautiful Chiltern Hills. The two-day journey involved plenty of walking and an overnight stay, testing their teamwork, resilience, and navigation skills.

The students thoroughly enjoyed the experience—though they were equally pleased to return to college afterwards!

It has been a busy and successful half term for Rosedale's sports teams. The Year 11, Year 10, Year 9, and Year 8 rugby teams have proudly represented the college in various tournaments, performing exceptionally well. Despite ongoing building work affecting their training sessions, the teams achieved a number of impressive wins — a testament to their hard work and commitment.

It has been a quieter start for football this term, with most matches scheduled for after the October half term. However, the KS3 girls' team and Year 9 boys' team have already kicked off their seasons, recording one draw and two losses respectively. Both teams have shown strong potential and are looking forward to building on these performances next half term.

Meanwhile, our Year 11 GCSE PE students have begun their practical moderation assessments in their chosen sports, including football, basketball, and badminton. They have been working hard in preparation and are demonstrating great skill and focus as they progress through the course.



Do Something This Half Term

The Hillingdon Youth Offer's Targeted Team is offering a fun-filled programme during this half-term school holiday for the enjoyment and growth of children and young people in Hillingdon. Across the action-packed days, expect activities ranging from exploring new/building on existing skills, indoor adventure activities, coding, creative arts, sports to cooking all aimed at fostering fun, creativity, teamwork skills and improved well-being. This is a fantastic opportunity for our young residents to learn new skills, make friends, and create lasting memories.

Visit our website for more details:

<https://www.therosedalehewensacademytrust.co.uk/do-somethingthishalfterm-october-2025-targeted-team-holiday-offer>



Contact Us

To keep up-to-date with College, please visit our website <https://www.rosedalecollege.uk/> For any other communications please visit our social media or contact us via email or telephone.

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NOVEMBER 2025

OCTOBER

27th - 31st Oct	Half Term
3rd November	Start of Term
4th November	Post 16 Open Evening
6th November	Flu Jab Year 7 & 11
7th November	Belguim Trip
10th November	Odd Socks Day
17th November	Year 11 Trial Exams Start

	Week Commencing: Monday 3rd November
MENU 1	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		