



## Year 8 Trip to Amersham Field Centre

On Thursday 3rd April, Year 8 students were taken to Amersham field centre as part of their Geography learning.

During the trip students took part in a range of hands-on activities focused on weather and microclimate.

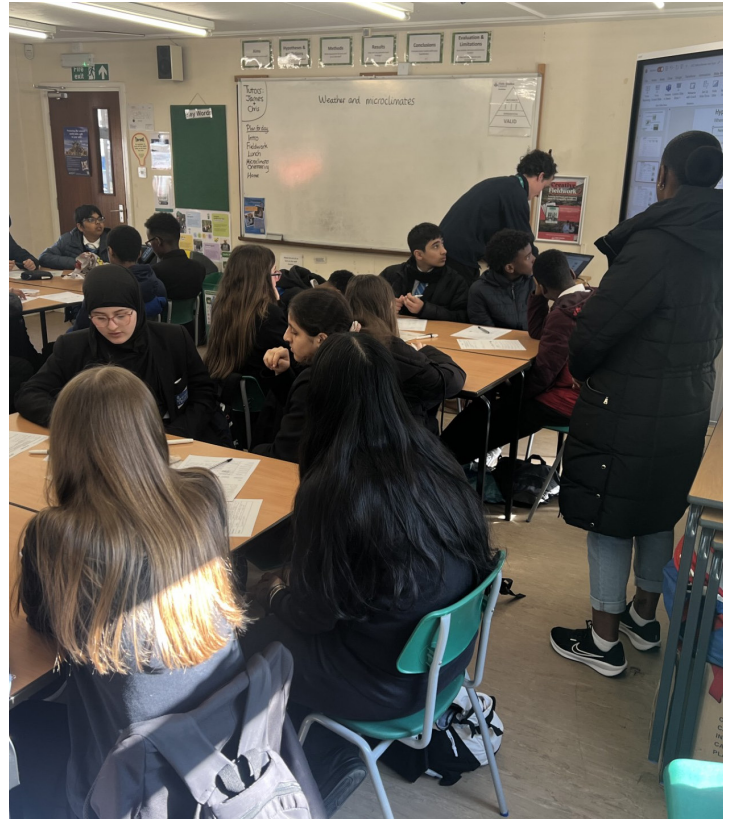
At the field centre, students used instruments such as thermometers, anemometers, a rain gauge and barometers to measure temperature, wind speed, rainfall and air pressure.

Students recorded real-time weather data and analysed it to identify patterns and trends.

They also engaged in fieldwork activities such as observing cloud types, studying microclimates within the area, and discussing how local landscapes influence weather conditions.

These activities deepened their understanding of key geographical concepts while encouraging practical skills in data collection, teamwork, and scientific inquiry.

The students were thoroughly engaged and enjoyed every aspect of the experience.



## Post 16 Achievement Assembly

On Wednesday 2nd April 2025, our Post-16 team proudly hosted its termly Achievement Assembly. This event provided a wonderful opportunity to reflect on and celebrate the hard work, dedication and achievements of our Year 12 and 13 students. Awards were presented across all subjects, with esteemed teachers from the Trust in attendance to honour their students' accomplishments. We were especially delighted to welcome Mr Visser as our guest presenter, which added a special touch to the occasion.

In particular, we would like to recognise two outstanding Year 13 students who received the Top BTEC Student Award, and our Head Ambassador, who was honoured with the inaugural Co-Directors' Award. Each recipient demonstrated remarkable commitment and excellence, and we take great pride in their achievements.

We also wish to express our sincere gratitude to the Post-16 team for their meticulous organisation of this beloved event, ensuring that it was both enjoyable and successful for all participants.



## Prom 2025 - A Night Under The Stars

THE ROSEDALE HEWENS ACADEMY TRUST  
**A Night Under The Stars**  
 THE ROSEDALE HEWENS ACADEMY TRUST  
**YEAR 11 PROM 2025**  
 MUSIC | DANCING | DELICIOUS FOOD | AWARDS | ENTERTAINMENT  
 FRIDAY 11TH JULY 2025 | PINWOOD HOTEL | 7PM TO 12PM  
 Tickets are now available to purchase via iPayimpact  
 BOOK YOUR TICKET BY FRIDAY 6TH JUNE!

[WWW.THEROSEDALEHEWENSACADEMYTRUST.CO.UK/YEAR-11-PROM-2025](http://WWW.THEROSEDALEHEWENSACADEMYTRUST.CO.UK/YEAR-11-PROM-2025)

On Tuesday 25th March 2025, the Key Stage 4 Music option Year 11 Prom 2025 - A Night Under The Stars! - Tickets Now Available to Purchase via iPayimpact.

In just 15 weeks our Year 11s will have the opportunity to attend their long-awaited Year 11 Prom! With the highest interest we have seen in years, we are set to create an unforgettable evening of music, entertainment, dancing and delicious food!

Tickets are £35 and are now available to purchase via iPayimpact. So that we can collate the final numbers and let the venue know the required details in time, the deadline to pay this will be Friday 6th June. Understanding the rising costs of living, we've worked hard to offer the best possible ticket price and an affordable saving plan of £3.50 a week until the payment deadline date. You will be able to secure your ticket with a £10 deposit, and the remaining balance of £25 needs to be paid by Friday 6th June.

To support you further, we will be providing you with top tips on how to save on any possible additional Prom costs, please keep an eye out for this on our websites, and in our weekly Newsletters.

Details on the Prom are below:

Date: Friday 11th July 2025

Location: Pinewood Hotel

Time: 7pm to 12am

Ticket Price: £35

For more information and to book your ticket, visit our website:  
[WWW.THEROSEDALEHEWENSACADEMYTRUST.CO.UK/YEAR-11-PROM-2025](http://WWW.THEROSEDALEHEWENSACADEMYTRUST.CO.UK/YEAR-11-PROM-2025)

## Online Parenting Support



## Online Parenting Support



We understand that getting support as a working parent to young children can be challenging. That's why the Hillingdon Family Hub Network has created an online parenting offer specifically designed to support working parents. Workshops and courses are available both during the day and in the evening and delivered by qualified early years staff in an engaging and non-judgemental manner.

Our workshops cover essential topics such as:

- Fussy Eating
- Toilet Training
- Behaviour Strategies
- Support for parents transitioning their children into childcare and/or school

Additionally, we offer two comprehensive online parenting courses:  
 Exploring Parenting Together - A fun five-week course designed to help parents improve their relationship and behaviour with their children.

Ducklings - A four-week course aimed at supporting parents who have a child newly diagnosed with autism spectrum condition or who is awaiting an assessment with the Child Development Centre.

Visit our website for more information:

<https://www.therosedalehewensacademytrust.co.uk/notice-from-hillingdon-online-parenting-support>

## Childhood Asthma - Free Online Workshops



# Childhood Asthma

## FREE Online Workshops

CONTACT THE TEAM TO RESERVE YOUR PLACE

☎ 01895 543 437

✉ [nhsnw1.myhealth@nhs.net](mailto:nhsnw1.myhealth@nhs.net)

Scan the code to contact the team and register your interest



### What's Included In The Workshop ?

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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SESSIONS FACILITATED BY AN ASTHMA NURSE

Contact the My Health team to reserve your place at the FREE online Asthma Workshop, where you will learn the basics of asthma, including inhaler techniques, differences between inhalers, and overall asthma management. Visit our website for more information:

<https://www.therosedalehewensacademytrust.co.uk/childhood-asthma-free-online-workshops>

## Get Involved In Shaping Services



# GET INVOLVED SHAPING SERVICES!

We're inviting residents to join us in co-producing workshops in their area, working together to create solutions that truly address community needs.

### WHY DO WE NEED YOUR HELP TODAY?

WE WANT TO HEAR FROM YOU! YOUR OPINIONS, FEELINGS AND EXPERIENCES DURING THESE OPEN DISCUSSIONS AND TRAINING.

## BE PART OF 3 CO-PRODUCTION WORKSHOPS



### 1. Reviewing Insights

Review past insights and concerns to uncover new opportunities.



### 2. Co-Production Training

Participate in a formal training session to learn best practices for co-producing with service providers and receive certification.



### 3. Solution Building

Put your training into action and help create meaningful solutions



**WORKSHOPS ARE DUE TO TAKE PLACE THROUGH MAY ALL PARTICIPANTS WILL RECEIVE GIFT VOUCHERS FOR THEIR TIME**

## REGISTER YOUR INTEREST TODAY

email [Josh.thorpe@nhs.net](mailto:Josh.thorpe@nhs.net)

Or Scan the QR Code



MyHealth is committed to ensuring that the residents of Hillingdon can access high quality, evidence-based care in a setting appropriate to their needs by transforming the way care is delivered. They do this by co-producing the programme with their service users and carers, providers, the local authority and community and voluntary sector groups.

Visit our website to book your space at the co-production workshops!

<https://www.therosedalehewensacademytrust.co.uk/co-production-workshops>



# MAY 2025

MAY	
1st - 31st May	National Walking Month
2nd May	Space Day 2025
5th May	May Day Bank Holiday (College Closed)
8th May	Start of GCSE Examinations
21st May	End of Year 8 BBQ
23rd May	Year 11 Leavers Day



Week Commencing: *Monday 5th May 2025*

## MENU 3

MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and MUSHY Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts

*Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily*