



Belgium Day Trip

On Friday 25th October, 14 excited Year 8 students were gathered at the college at 5:30am for the start of a long, exciting journey to Belgium.

Following the Eurotunnel journey to Belgium via Calais, the first stop was the impressive Passchendaele Memorial Museum, where students were able to observe original uniforms, weapons, artillery and memorabilia all with an audio guide, before going down into the living quarters as well as wondering into the trenches where the famous battle place.

After experiencing a true piece of history, the students were taken to picture-postcard pretty town of Ypres, for lunch and, of course, a trip to one of the famous Belgian chocolate shops.

Upon the return journey, the students also had the opportunity to visit the Cité Europe shopping centre in Calais where they were able to practise their French, before taking the Eurotunnel back. Everyone thoroughly enjoyed the day and made some long-lasting memories of their trip to Belgium and France.



Anti-Bullying Week - Odd Socks Day 2024

This year's theme for Anti-Bullying week is 'Choose Respect'. 'Andy and the Odd Socks' band, have partnered up with the Anti-Bullying Alliance this year again for Odd Socks Day and Anti-Bullying Week. As proud patrons, they are excited to promote acceptance, understanding, and respect. This message represents everything their band stands for—celebrating diversity, acceptance, and including everyone.

We need your help to spread this message on Odd Socks Day, by attending school/college on Tuesday 12th November, in odd socks!

Andy and the Odd Socks are excited to share their song 'Choose Respect' this year, which we hope will inspire kids everywhere to embrace respect. Last year, over 5 million children participated in Odd Socks Day.

Let's beat that record this year! Odd Socks Day is a fun and simple way to raise awareness. Andy and the Odd Socks are ready to rock out again, and help spread the message of respect far and wide. So let's put on our odd socks and choose respect together on Tuesday 12th November. Let's make this year's Anti-Bullying Week unforgettable!

Please head over to our website for more information

FLU Vaccination Consent Form

Please find the link below for the E-consent letter for your child's Flu vaccination for this coming winter.

Please note that you can consent for either the Flu nasal spray, OR the non-gelatine IM Flu vaccine.

Please make sure you complete the form online as soon as you can. The portal will close 48 hours ahead of the Flu session.

Year 7 and 8 have had their flu vaccination on the 6th November and Year 9, 10, 11 and post 16 will be on Friday 6th December 2024.

Flu can be very unpleasant for children and can sometimes cause serious problems, such as pneumonia. Children can catch and spread flu easily. Vaccinating them also helps protect others who are at higher risk of getting seriously ill from flu, such as babies and older people.

<https://www.rosedalecollege.uk/latest-news/flu-vaccine->

Student Photographs

A photographer from Fraser Portraits will attend the College on Friday 15th November to take student photographs. Please ensure that your child attends dressed smartly in full college uniform.



Year 11 Trial Exams

As we approach the period of trial examinations, it is vitally important for students to settle into regular and structured home revision to give them the best possible chance of examination success.

Below are some tips for parents, guardians and carers on how to help your child with home revision:

- Provide them with a comfortable, quiet and well-lit area to work in
- Keep siblings occupied at revision times
- Ensure they are properly hydrated and are eating well
- Ensure they have adequate sleep
- Help them to put a home revision schedule together
- Break revision times into small 15 to 20 minute periods
- Ensure they have the books and equipment they need to properly revise
- Encourage them to adopt revision techniques such as writing
- Brief notes to act as prompts
- Keep positive, create a 'can do' attitude

Daylight Savings Safety Plans

We are fast approaching winter, clocks are due to go back within the week and the daylight hours are becoming shorter. Pupils may find themselves travelling to and from college in the hours of darkness over the coming months. Pupils and their parents are reminded that in order to maximise their safety on their journeys to and from school we would recommend:

Where possible students walk/travel in pairs or groups to and from college.

Walk down main roads/routes that are well lit. Avoid going through parks, alleys or other unlit or poorly lit areas.

Ensure they are alert to the environment around them, avoid wearing headphones or being distracted by mobile phones and other devices.







Students should have a set route to and from school that is discussed with parents and carers.

Parents guardians and carers have a personal safety conversation with their children.

If they are concerned about their safety please call the police.


Please take a look at the Walk Safe App, to see if this is something suitable for you and your family to use. The link for the app can be found on our website:

<https://www.therosedalehewensacademytrust.co.uk/day-light-savings-safety-plans>

	PARENTS, GUARDIANS & CARERS HAVE A PERSONAL SAFETY CONVERSATION WITH THEIR CHILDREN.		WHERE POSSIBLE STUDENTS WALK/TRAVEL IN PAIRS OR GROUPS TO AND FROM SCHOOL.
IF THEY ARE CONCERNED ABOUT THEIR SAFETY PLEASE CALL THE POLICE.			WALK DOWN MAIN ROADS/ROUTES THAT ARE WELL LIT. AVOID GOING THROUGH PARKS, ALLEYS OR OTHER UNLIT OR POORLY LIT AREAS.
	STUDENTS SHOULD HAVE A SET ROUTE TO AND FROM SCHOOL THAT IS DISCUSSED WITH PARENTS, GUARDIANS & CARERS.		ENSURE THEY ARE ALERT TO THE ENVIRONMENT AROUND THEM, AVOID WEARING HEADPHONES OR BEING DISTRACTED BY MOBILE PHONES AND OTHER DEVICES.



Daylight Savings SAFETY PLANS...

	NOVEMBER 2024
NOVEMBER	
11th November	Anti-Bullying Week
12th November	Odd Socks Day
15th November	Photo Day
15th November	Children In Need
18th November	Trial 11 Exams Start
28th-29th November	Residential Trip to Paris
28th November	Year 11 Graduation

	Week Commencing: Monday 11th November
MENU 2	

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		