



## Les Miserables Theatre Trip

On Thursday 29th February, 29 students from Rosedale College were taken on an unforgettable trip to London's West End to see the best show in town – Les Misérables. Despite rain and rail problems, we arrived at the magnificent Sondheim Theatre with time to spare. The students were very excited and once the performance started, they sat in hushed awe and enjoyed the spectacle before them. Every single one of them thoroughly enjoyed the show and they spent the journey home talking about what they had seen and what their favourite part was. A leap year only comes round every four years and the extra day we were given was very well spent.



## Taekwondo Championships

Over the weekend our highly talented Year 9 student competed in the London Taekwondo Championships, winning a gold and silver medal. We are extremely proud of him and it's great to see him succeed. Hopefully many more medals to come.



## Year 9 Boys Football Team

The Year 9 football team finished their season in style with an 8-0 victory over Harlington. Led by the captain and all in our brand new Rosedale College Football kit, the team were in complete control from the first to last whistle. We were off to an amazing start scoring in the opening minutes.

Then we had two fine strikes, both of them into the top corner, to make it 2-0 and 3-0 respectively. When one of our players was fouled in the box, there was only one player that was taking the resulting penalty, our debutant goalkeeper stepped up and thumped it into the back of the net for 4-0. There was still time for one more before half time, which we managed to score again making it 5-0 at the break.

A much changed Rosedale team, including centre back who was up front due to a promise between Mr Spencer and our student that he could if Rosedale were 5-0 up at half time, we started the second half in similar fashion. With a stinging low drive into the bottom corner from outside the box to make it 6-0. Our centre back then proved he was right all along about being a striker with an instinctive finish in the box to make it 7-0.

There was still time for one more Rosedale goal and this time it was left winger scoring to finish a fine team goal.

The Year 9 football team have been fantastic this season, going unbeaten and winning all their games. Not only that but also only conceding 1 goal is another brilliant achievement. A fantastic season for a fantastic group of players.



## Year 9 Booster Vaccinations

On Tuesday 19th March the Hillingdon Vaccination Team will be in College to carry out Teenage Booster for Diphtheria, Tetanus and Polio Booster and Meningitis ACWY vaccination. Please see link below regarding consent from parents, guardians and carers. <https://www.rosedalecollege.uk/attachments/download.asp?file=502&type=pdf>

# We will be vaccinating at your school on:

## Tuesday 19th March 2024

### Are you ready for vaccination day?

- ✓ Ask your parent or carer to complete and sign the online consent form
- ✓ Wear a short-sleeved shirt
- ✓ Eat a good breakfast on the day.

#### Contact us

Warren Health Centre: 01895 4857 40



To find more about NHS vaccinations and when to have them, visit [www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them](https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them) and talk to your parent, carer or school contact.



## Parent Carer Support

Brilliant parents and The Stronger Families Key Working team are offering a friendly and informal drop in, please click link below.

<https://acrobat.adobe.com/link/track?uri=urn:aaid:scds:US:4a-fad468-f7e4-351f-a02b-2daee64f23ea>



# MARCH

### MARCH 2024

Friday 8th - 17th	British Science Week
Sunday 10th	Start of Ramadan
Tuesday 12th	All England Badminton Trip
Monday 11th - Thursday 14th	Interviews for Year 11 for Post 16 Entry
Thursday 14th	The International Day Of Mathematics
Friday 15th	Comic Relief
Thursday 21st	Post 16 Achievement Assembly
Friday 22nd	Y8 Options Day and Evening
Friday 22nd	Belgium Trip
Thursday 28th	End of Spring Term

## Parking

Traffic congestion at the beginning and end of the College day is becoming an increasing problem in Wood End Green Road. Please help us to reduce congestion and keep children safe when crossing the road by not parking directly outside the College.

We would also like to remind you not to block driveways of local residents when dropping off or picking up your children. The Local Authority will take enforcement action against anyone parking on the yellow zig-zag road markings or contravening any other parking regulations outside the College. Local police may also take action against vehicles blocking the area. Thank you in advance of your support in this matter.

	Week Commencing: <i>Monday 11th March</i>
<b>MENU 3</b>	

MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		