

Year 8 Options Day Assembly

On Thursday 29th February a visiting theatre company delivered their production of 'I love you mum, I promise I won't die' to the whole of Year 10. This play is a verbatim performance that centres around the true story of a young man that takes drugs and loses his life as a result. Daniel Spargo- Mabbs went to an illegal rave in Hillingdon at the age of 16 and never came home. The last words he said to his mum were 'I love you mum. I promise I won't die'. He collapsed at the rave and was put on life support at Hillingdon hospital, before the decision was made to turn off his life support.

This play uses his words and the words of friends and family to deliver a powerful message about the use of illegal drugs and their potentially harmful effects. The response from students was that whilst the play was sad it was also thought-provoking and allowed the audience to see Dan as a funny and articulate human being and not just a story on the page.

The Daniel Spargo-Mabbs Foundation is a drug and alcohol education charity that aims to support young people to make safe choices about drugs and alcohol and reduce harm. They do this through increasing understanding of the effects and risks and helping to develop life skills and resilience. The Foundation was set up in January 2014 by Tim and Fiona Spargo-Mabbs in response to the death of their 16 year old son Daniel having taken ecstasy.



Are You Interested In Being A Parent Governor

The Academy Board is the regulatory authority of The Trust and as such is responsible for setting the strategic direction, at a corporate level, across the group of schools within The Trust. Each school has a Local Advisory Board (LAB) which is responsible for advising and assisting the leadership of the School with the standards of high quality teaching; reviewing and reporting on the curriculum offered with reference to national and local requirements; monitoring and reviewing the progress of students in terms of academic achievements, attendance, punctuality and behaviour benchmarked against national and local performance; actively promoting the work of each school within the community; responding to external feedback from national and local bodies to continuously improve the offering of the School and wider Academy Trust.

The LAB consists of community (co-opted) members, parents, guardians, carers and staff. The skills set, expertise and commitment of each individual are fundamental, as the LAB is critical to the work of our schools and overall governance arrangements of The Trust. The College is eager to appoint two dynamic individuals as Parent Governors to support the College community in serving the entire student body to the best of its ability. If this opportunity interests you, please contact Sue Neave, Admin Officer, by email at trhat@trhat.org or contact the main college reception where a member of staff will advise you of the procedure to follow to apply for the post. Thank you and we look forward to hearing from you!

Parent Carer Support

Brilliant parents and The Stronger Families Key Working team are offering a friendly and informal drop in, please click link below.

<https://acrobat.adobe.com/link/track?uri=urn:aaid:scds:US:4a-fad468-f7e4-351f-a02b-2daee64f23ea>

Are You A Carer

Hillingdon have released the attached guide to provide carers with more information on the support available from the Local Authority.

<https://www.rosedalecollege.uk/latest-news/are-you-a-carer>



MARCH


MARCH 2024

Thursday 7th	World Book Day
Friday 8th	International Women's Day
Friday 8th	Maha Shivratri
Friday 8th - 17th	British Science Week
Sunday 10th	Start of Ramadan
Tuesday 12th	All England Badminton Trip
Thursday 14th	The International Day Of Mathematics
Friday 15th	Comic Relief
Thursday 22nd	Y8 Options Day and Evening
Thursday 22nd	Belgium Trip
Thursday 28th	End of Spring Term

Parking

Traffic congestion at the beginning and end of the College day is becoming an increasing problem in Wood End Green Road. Please help us to reduce congestion and keep children safe when crossing the road by not parking directly outside the College.

We would also like to remind you not to block driveways of local residents when dropping off or picking up your children. The Local Authority will take enforcement action against anyone parking on the yellow zig-zag road markings or contravening any other parking regulations outside the College. Local police may also take action against vehicles blocking the area. Thank you in advance of your support in this matter.

	Week Commencing: <i>Monday 4th March</i>	
MENU 2		
MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	<i>Strawberry Mousse with Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	<i>Chocolate Sponge</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	<i>Fruit Tarts</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	<i>Vanilla Cheesecake</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	<i>Apple Pie</i>	<i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		