

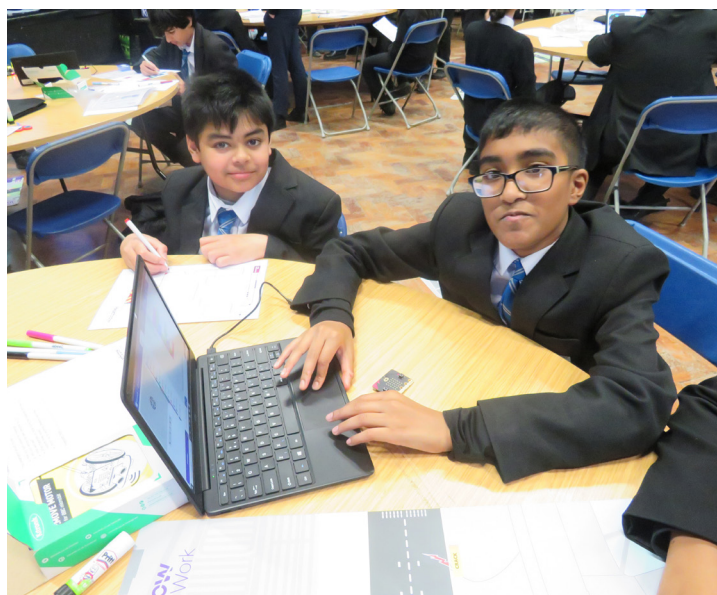
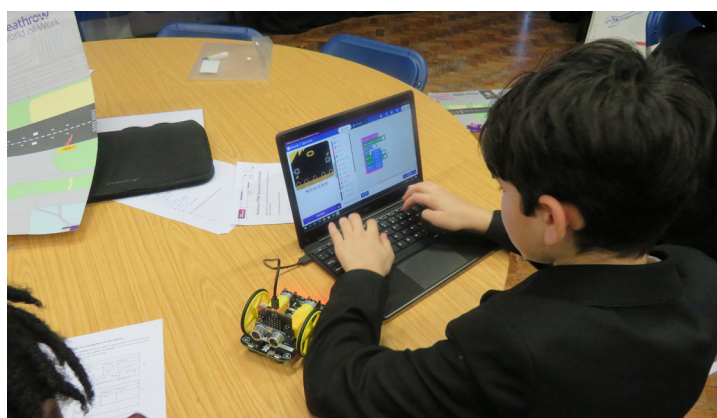
Year 8 STEM Workshop

On Tuesday 19th December, our Year 8 were the lucky beneficiaries of an active STEM workshop provided by "Spark", a charitable organisation that aims to develop young people's employability skills and knowledge so that they are better prepared for and able to effectively transition into the workplace.

Students considered different roles and the employability skills required at Heathrow Airport and then engaged in a fun activity where they had to programme a robotic vehicle to follow a particular path and perform certain routines. Students were divided into groups where they had to perform a particular role, including project manager, project designer and programmer. They also had to work together to try and ensure the product was effective, well designed and performed all the tasks required of it.

The students were actively engaged in putting the code together that was required to enable the robotic vehicle to perform the set task. The activity was stimulating and fun and built on the students previous programming and coding skills acquired using "Scratch". The students were excellent in their attitude and application.

One group in particular from 8E was identified by the organisers as being the first group ever to complete the task fully in the time allocated. This was an amazing achievement since the charity informed us that they had visited hundreds of schools over the last year. "Spark" were also very praiseworthy of the positive attitude, behaviour and excellent application of all the Year 8 cohort. It was certainly a very rewarding and stimulating event which all students very much enjoyed. Students were left enthused by the experience and much more enlightened on careers, STEM employment roles and robotics.



Volunteer Needed

We are looking for a volunteer to help in the Food Technology Alliance on a Tuesday and Thursday from 9:00am until 1:30pm. You will need to have a DBS (Disclosure and Barring Service) check. We require help with food preparation, laying out the work stations before lessons and helping with laundry. Thank you so much for your support!

Notification Of Change For Student Details

Parents, guardians and carers are reminded of the importance of keeping the College informed of changes to children's details such as changes to mobile telephone numbers, emergency contacts, doctor's surgeries, important medical information etc. In the event of an emergency, it is vitally important for us to be able to access up to date, accurate student contact and medical information on our database. Please support us in our duty of care for your child by ensuring that any changes to contact and medical details are communicated to us as they happen.

Recycle, Re-use - College Uniform

In order to tackle the rapidly growing global environmental challenges for a sustainable future, we aim to normalise the reusing of pre-loved college uniform in order to reduce our carbon footprint.

This is a great opportunity for our college to embed environmental awareness within our school community, strengthen our green credentials and extend the lifespan of our uniforms whilst supporting a recycling culture. Should you have any unwanted items of uniform in wearable condition, please donate these to your child's college to support our campaign for green initiatives whilst helping our families in need of support.

Punctuality

We would like to remind parents, guardians and carers of the importance of all students having a positive start to their day by arriving to college on time. All students are expected to be in college for morning registration at 8:45am. If you receive a communication from the College that your child has been late on more than one occasion, please discuss this with them and support them so that they arrive to college on time. Students who are persistently late will be referred to the Educational Welfare Officer.

Winter Wellness Directory

H4All is delighted to share their Winter Wellness Directory 2024 you may find it useful in the colder months.

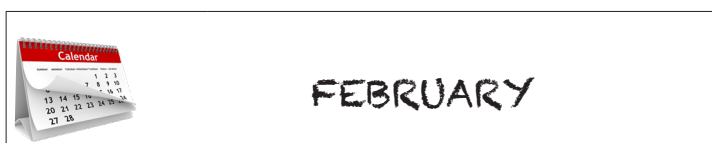
<https://www.rosedalecollege.uk/latest-news/winter-wellness-directory-2024>

Health Questionnaire

Dear Parents, Guardians and Carers of Year 9 and Year 12 student's, can you please click on the links below and fill in the Health Questionnaire.

<https://trhat.co.uk/year-12-young-person-letter/>

<https://trhat.co.uk/year-9-young-person-letter/>



FEBRUARY

FEBRUARY 2024

Thursday 1st	Sea Cadets Y9
Thursday 1st	Y11 Intervention Evening
Friday 2nd	NSPCC Number Day
Friday 2nd	Y11 Poetry Live
Wednesday 7th	Geography Field Trip to Epping Forest Y11
Monday 11th - Friday 16th	Half Term
Monday 19th	Term Begins



Week Commencing: *Monday 29th January*

MENU 2

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		