

Chair Duet

Year 9 Performing Arts students were tasked with recreating their own version of Frantic Assembly's 'Chair Duet'. They are studying physical theatre which is a highly energetic form of storytelling and used a simple devising process to portray a theme using movement. The students thoroughly enjoyed this task and were able to effortlessly portray themes of rejection, love and hate and conflict.



Student Council Vice President

After a very competitive campaign, Yassin Ahmed of form 9E has battled his way through the crusade, and won the votes of his fellow students, winning this year's elections for Vice President of the Student Council. Congratulations Yassin! Our new Vice President would like to say these few words: "A big thank you to the entire student body for choosing me as your Student Council Vice President. It is such an honour to be elected. I am excited and optimistic about my new role. As a representative of the student body, I will work with our President and all other students in making our school the best it can be. I intend to fulfil all the promises I made during my campaign. I therefore look forward to your views and suggestions and wish for us the very best in uplifting our school".



Zumba! Yes Zumba... You Heard it Right!

Key Stage 3 girls at Rosedale College were given the opportunity to move, dance, pirouette and most importantly guffaw! Keeping the current pandemic in mind, we at Rosedale College not only support students with academics, but also underpin mental health. Zumba is a good way to de-stress and it makes you happy by releasing endorphins which triggers positive feelings.

Our extra-curricular Zumba class is held on a Wednesday from 4:00 to 4:45pm, and so far, the feedback from students is wonderful: "Zumba classes always cheer me up after a long stressful day" - Rebeca; "Zumba class is always gratifying; I am ready to burst right when I walk through the doors" - Sukhman; "Miss Syeda's classes are so fun, and the aura there is immaculate" - Caja; "Miss Syeda Zumba classes are always exciting and the best part of my day" - Evelyn; "I enjoy Zumba a lot. It is fun and we always leave laughing. The layout is organised and we always work until we are tired" - Nevayah.



Sports Day

The Sports Day for students in Years 7 to 10, plus Post 16 will take place on the following days:

Monday 12th July, 1:30pm to 3:15pm - Year 7 and 8

Tuesday 13th July, 1:30pm to 3:15pm - Year 7, 8 and 9

Wednesday 14th July, 1:30pm to 3:15pm - Year 8, 9 and 10

Thursday 15th July, 1:30pm to 3:15pm - Year 7, 9 and 10

Friday 16th July, 1:30pm to 3:15pm - Year 10 and Post 16

All games will take place on the sports field, astro or multi use games area (MUGA) as in previous years, weather permitting.

All students are required to wear the full and correct Physical Education (PE) Kit for Sports Day. If your child requires a PE Kit, please make sure you place an order via IPayimpact in advance to ensure its arrival prior to your child's Sports Day. All students will also need their own water bottle which must be clearly labelled with their name.


The Parents' Guide - Getting Ahead in the Summer Holidays


The summer holidays provide a fantastic opportunity for young people to think about their futures, ensuring they are fully equipped and mentally prepared for what's to come.

The Parents' Guide to Getting Ahead in the Summer Holidays 2021 provides parents, guardians and carers with the information they need to help their teenage children make the right choices to create successful futures after GCSEs and Post 16. Their online guide is designed not only to inform, involve and guide parental support, but offers suggestions to help encourage young people to combine enjoying their holiday with using their time selectively to work towards their goals. For access to this guide, please visit: (<https://bit.ly/2V7dVuk>).

Careers Guidance Update

We have updated our Careers Guidance page on the College website to provide helpful careers information from the Careers Writing Association to parents, guardians and carers whom may feel at a loss about the best way to advise the young people in their care. Please visit (<https://www.rosedalecollege.uk/198/careers-guidance>) for more information.

		
JULY		
Monday 12th to Friday 16th		Alliance Challenge
Monday 12th	1:30pm to 3:15pm	Year 7 and 8 Sports Day
Tuesday 13th	1:30pm to 3:15pm	Year 7, 8 and 9 Sports Day
Wednesday 14th	1:30pm to 3:15pm	Year 8, 9 and 10 Sports Day
Thursday 15th	1:30pm to 3:15pm	Year 7, 9 and 10 Sports Day
Friday 16th	1:30pm to 3:15pm	Year 10 and Post 16 Sports Day
Wednesday 21st		Term Ends

	Week Commencing: <i>Monday 12th July</i>	
MENU 3		
MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	<i>Orange Jelly</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	<i>Chocolate Mousse</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	<i>Apple Crumble</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	<i>Vanilla Sponge with a Pineapple Ring and a Cherry</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	<i>Chocolate Brownie Tray Bake</i>	<i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

Alliance Challenge

Our annual Alliance Challenge programme will commence on Monday 12th July, culminating on Friday 16th July. The Alliance Challenge programme is designed to develop students' skills in a number of disciplines. This year, students will work together in Alliance teams on a range of daily and extended projects: activities, which require them to problem solve; creative production and activities, which will enhance their literacy and numeracy. In addition, we will be incorporating an extensive sporting program in an attempt to promote healthy living and mental well-being.

We request students to be sent to College in only their full College Physical Education (PE) Kit on the days specified to them. There will be no extracurricular clubs during this week.

During the Alliance Challenge programme, the College will have an early staggered finish all week, from 3:15pm for all students in Key Stage 3, and from 3:25pm for all students in Key Stage 4.