

## Post 16 Virtual Work Experience

Six students from the Post 16 cohort have secured a week-long virtual work experience over the October half term. The students have been selected to take part in work experience with renowned companies in Engineering, Technology and Business. From Friday 23rd October to Thursday 29th October, three students will be introduced to Skanska which is a leading international construction and infrastructure company spearheading the Crossrail and the Network Rail construction and maintenance. They will be learning through virtual tasks and activities about the ethics and best practice in the construction industry and how to get into it. They will have the opportunity to spend a week learning all about different routes into the industry, the stages of the Crossrail construction and how Skanska supports social sustainability. Students will learn how this is all incorporated into the construction industry and what specific challenges the experts face in different scale projects and how they tackle them.

Another student will be spending his half term week working with Cisco's technology and Information Technology (IT) professionals. The virtual work week will be focusing on improving students' employability skills with one-to-one speed interviews and will equip students with the teamwork and confidence skills necessary to integrate a company like Cisco in the future. Students will have presentations from Cisco employees ranging from apprentices to senior executives which will provide them with a holistic picture of how the IT and technology professional field works. There will also be demonstrations of the company's leading-edge technology.

Last but not least, our sixth student has secured his work experience week with Britain's biggest retailer and the world's biggest online food retailer: Tesco. Students will understand how all the different business areas at Tesco work together to make 'every little help' for the customers. They will learn about the wide variety of roles in Tesco and will have the opportunity to ask questions to market experts and business professionals. Students will take part in workshops throughout the week that aim to enhance time management and presentation skills.



## Physical Education (PE) Kit Expectations

Physical activity is integral to the good health of our students and thus, suitable Physical Education (PE) kit is essential in ensuring that students access the PE national curriculum to its potential, and participate safely and comfortably in physical activity at college. In lieu of the current situation, students are now permitted to attend college in their PE kits on the days they have PE. However, it has come to our attention that a small number of students are attending college without the correct PE kit.

PE is a compulsory activity that all students must take part in and to ensure the safety of students, it is paramount that they wear the correct clothing. This consists of a polo shirt, blazer, blue socks with the Rosedale College logo on each item, all of which are compulsory, as well as a pair of trainers (any brand and colour). Students also have the choice of wearing either the Rosedale tracksuit or the Rosedale shorts; other branded tracksuits and hoodies are strictly prohibited.

If students do not attend in their full PE kit, they will not be able to engage in the practical lesson, and will receive the appropriate sanctions in accordance with our policy.



# ROSEDALE COLLEGE VIRTUAL OPEN EVENING

The Virtual Tour for Rosedale College premiered last week. Please note that this is readily available on the College website under **News and Events - Virtual Open Evening**. This can also be accessed via:

<https://trhat.co.uk/virtualopenevening-rc/>

## Absence Reporting

In the event of your child being unable to attend college, please contact the main reception on 020 8573 2097 before 8:45am. In order for the College to ensure that all students are properly safeguarded, it is important for you to follow this procedure for every day your child is absent. The only exception to this is for extended periods of illness where the period of absence is explained in a note from your child's doctor or hospital. The College is required to account for all absences so please ensure your child brings a letter that verifies the reasons for their absence on their return to college.

## Emergency Contact Details

In the best interest of your child's wellbeing whilst at school, it is vitally important, that in the event of an emergency, we are able to make contact with you or another emergency contact, as quickly as possible. To this end, we would like to remind all parents, guardians and carers to keep your contact details updated with the College and to ensure that you provide up-to-date details of at least two other emergency contacts for your child. Thank you.

## Uniform Expectations - Winter

Our college uniform provides students with a sense of community and pride for their college. It also supports positive behaviour for learning. Therefore whilst it is important during the winter months for your child to keep warm and wear coats, scarves, hats, gloves and even boots travelling to and from college, correct uniform must be worn once on the college campus. Please support your child in meeting the expectations of uniform by ensuring that correct uniform is worn under their winter garments and that they bring their shoes to change into if they wear boots travelling to and from college. Thank you.

## Face Coverings

As of Monday 5th October, all students have been highly recommended to wear face coverings in all communal areas of the College campus. This measure has been implemented to reduce the risk of coronavirus (COVID-19) transmission. Please note that face coverings do not replace social distancing or hand washing, however, combining these measures gives us the best chance of preventing COVID-19. Your cooperation in this matter is highly appreciated.

 <h3>October 2020 to January 2021</h3>	
<b>OCTOBER</b>	
Monday 26th to Friday 30th	Half Term
<b>DECEMBER</b>	
Friday 18th	End of Autumn Term
<b>JANUARY</b>	
Wednesday 6th	Spring Term Begins

	<b>Week Commencing: Monday 19th October</b>	
	<b>MENU 3</b>	
<b>MONDAY</b>		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
<b>TUESDAY</b>		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
<b>WEDNESDAY</b>		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
<b>THURSDAY</b>		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
<b>FRIDAY</b>		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

## Non-invasive Thermal Cameras and Photosensitive Epilepsy

The College has taken a collaborative approach to ensure the safety and wellbeing of all our students during these unprecedented times. In conjunction with the measures already implemented around the site to mitigate and manage the risk of coronavirus (COVID-19) transmission, the College has also installed a non-invasive thermal camera to check the temperatures of students as they enter the site. However, we are aware that for those with photosensitive epilepsy, exposure to flashing lights at certain intensities can trigger seizures. For this reason, we ask those who are prone to photosensitive seizures to avoid using our non-invasive thermal cameras and instead, to have their temperatures checked with our non-contact infrared thermometers. You can inquire about this at the College Reception.