

Be Yourself!

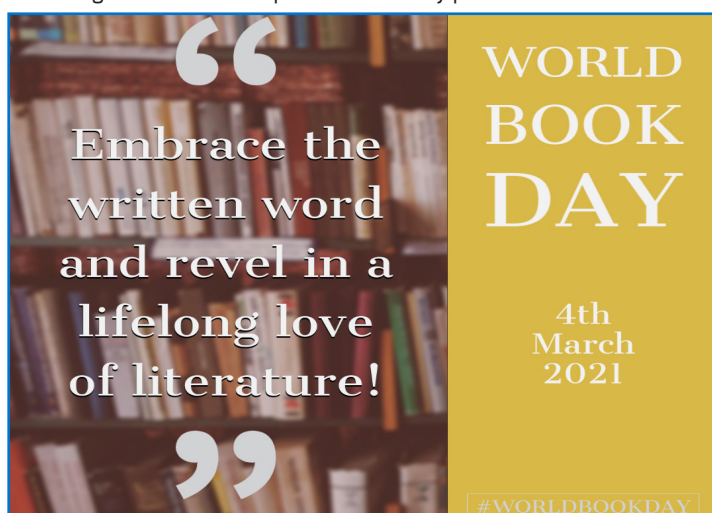
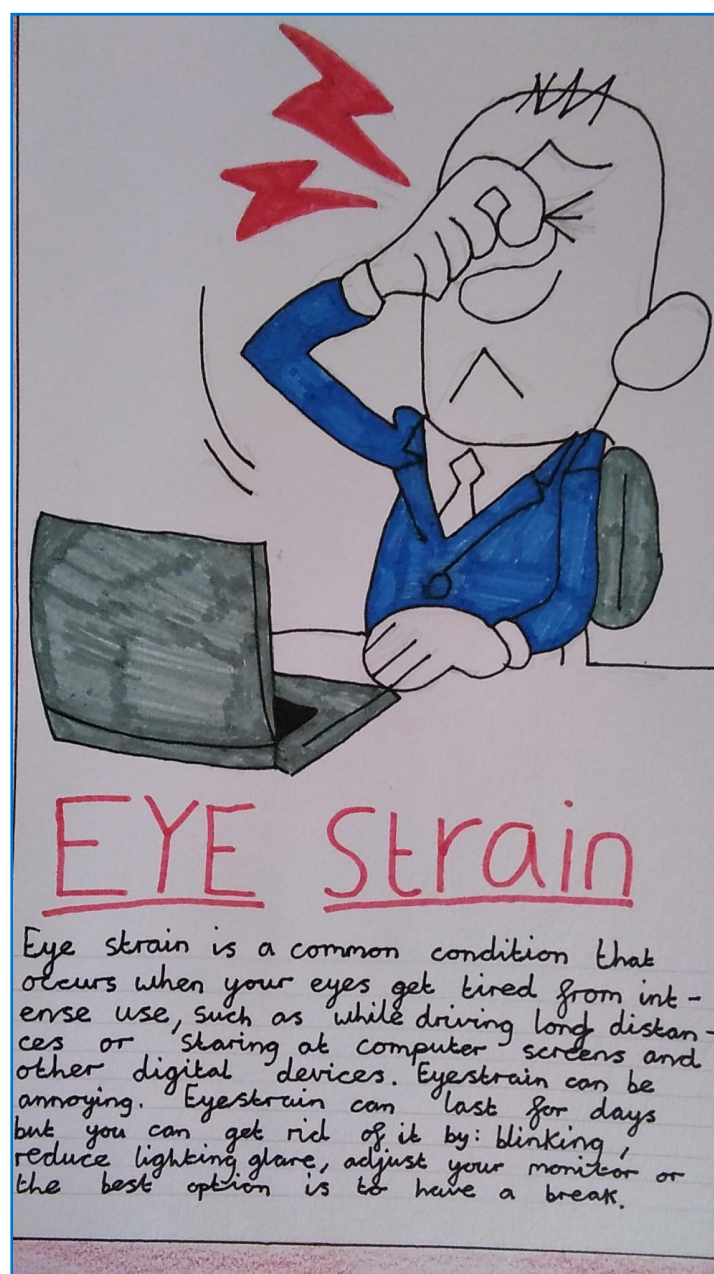
Lights! Camera! Action! Three famous words which are common to every movie star, became a reality for ten hopeful students who had the spotlight cast on them, as they participated in the enthralling Jack Petchey competition on Monday 8th February. Despite the unusual digital delivery of this annual event, the students rose to the occasion and gave performances that captured the hearts of online viewers, who watched captivated, as one by one, each took the stage, exuding confidence and eloquence that belied their years. The audience were treated to a range of delightful topics on Politics, Gender Roles, Mental Health, Consumerism and Self-appreciation. It was indeed a rousing event to witness young adolescents share their thoughts, opinions and immense talent in an open forum for all to see.

Among the group of young orators was our very own Delonne King, who represented Rosedale College with a riveting speech, entitled "Be Yourself". She lit up our screens, commanding our attention with a confident stance, a passionate tone and a purposeful attitude. Animated gestures and facial expressions complemented her words of motivation, as there was no doubt that she believed wholeheartedly in her message of self-worth. Her aim was truly clear as she impressed upon her audience to never give up, have complete faith in oneself, and not doubt what can be achieved. The message was heartfelt and wholesome as it was enhanced by a personal anecdote about her own journey to conquer struggles with self-doubt, which was well received by the audience, who rewarded her with a roaring round of applause. Ending her inspiring speech on a thought-provoking note, she reminded the audience that "an original is worth more than a photocopy", which was an awakening for many who were urged to stay true to themselves.

The coronavirus may have robbed the nation of its freedom, but Delonne and the nine other young adults are a testament of Desmond Tutu's words that "hope is being able to see that there is light despite all of the darkness". As such, we thank the Jack Petchey Foundation, the teachers, trainers and the young adults for being a beacon of hope in these very perilous times.

Health and Safety When Using Computers

As staff and students spend more time in front of computers and devices than ever before, it leaves us all questioning the health problems that are most highly associated with the use of computers, laptops, phones and other digital devices. Many of us are left feeling the difficulties associated with prolonged high-speed typing, intensive use of a mouse, or indeed the strain on our eyes by longer gazing at screens. Amrit Hans, a Year 7 student has created a poster on health and safety and the use of computers, which we would like to share with you all. Well done Amrit, the poster is fantastic!



Student Art Gallery

The following page will be used as an Art gallery to showcase some of the incredible Art work our students have achieved during the lockdown. The gallery will feature assigned projects from Year 8 students who are working on composition, still life and cubism. Students completed the first part of the task by honing their observation skills with an observational drawing of a still life, before attempting the second part, which was to then transform this into a cubist painting. Well done to Yasmin Kandil, Rukiya Moallin, Natasha Seda, Fatima Aamir and Ashwin Pillai. Your work is exceptional, keep up the hard work!



British Science Week



5-14 March 2021


Celebrating all sciences and their importance in our everyday lives


Full College Reopening from Monday 8th March

Following the government's announcement, we are delighted that we can welcome all our students back into college from Monday 8th March. We will be writing to all parents, guardians and carers shortly to set out our plans for the reopening, which takes into account a staggered return date in that first week to accommodate testing. We look forward to seeing all our students back in class.

Summer 2021 Examinations

The government have now confirmed that students due to sit examinations this summer will be awarded a teacher assessed grade, based on a combination of prior learning and current work. We will be writing to all parents, guardians, carers and students in examination year groups once we have received the full guidance from the DfE, to explain this process in more detail. In the meantime, it is vital that students continue to do their best in their current work as this will form a significant part of the evidence towards their final grade. In addition, students will sit trial examinations before the Easter break in order to provide additional evidence to support these decisions.

|  <div style="text-align: center; margin-left: 100px;"> <h2>March 2021</h2> </div> | |
|---|-----------------------|
| MARCH | |
| Monday 1st to Saturday 6th | National Careers Week |
| Thursday 4th | World Book Day |
| Friday 5th to Sunday 14th | British Science Week |
| Wednesday 31st | Term Ends |

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|  <div style="text-align: center;"> Week Commencing: Monday 1st March SPECIAL MENU </div> | | |
| MONDAY | | |
| Meal Choice 1 | Chicken Goujons with Potato Wedges, Beans and Vegetables | Halal |
| Meal Choice 2 | Chicken Goujons with Potato Wedges, Beans and Vegetables | Non Halal |
| Meal Choice 3 | Cheese and Onion Quiche with Potato Wedges, Beans and Vegetables | Vegetarian |
| Meal Choice 4 | Baked Jacket Potato with Various Fillings | Vegetarian |
| TUESDAY | | |
| Meal Choice 1 | Macaroni Cheese and Vegetables | Vegetarian |
| Meal Choice 2 | Baked Jacket Potato with Various Fillings | Vegetarian |
| WEDNESDAY | | |
| Meal Choice 1 | Baked Jacket Potato with Various Fillings | Vegetarian |
| THURSDAY | | |
| Meal Choice 1 | Chicken Sausages with Sliced Potatoes and Beans | Halal |
| Meal Choice 2 | Pork Sausages with Sliced Potatoes and Beans | Non Halal |
| Meal Choice 3 | Vegetarian Sausages with Sliced Potatoes and Beans | Vegetarian |
| Meal Choice 4 | Baked Jacket Potato with Various Fillings | Vegetarian |
| FRIDAY | | |
| Meal Choice 1 | Fish Fingers with Oven Cooked Chips and Beans | |
| Meal Choice 2 | Guorn Nuggets with Oven Cooked Chips and Beans | Vegetarian |
| Meal Choice 3 | Baked Jacket Potato with Various Fillings | Vegetarian |
| <i>The daily dessert choices will be as follows: Fresh Fruit, Yogurt, Jelly or Ice Cream pots</i> | | |




NATIONAL CAREERS WEEK

EMPOWERING STUDENTS TO MAKE INFORMED DECISIONS THROUGH CAREERS GUIDANCE.



1st - 6th March 2021

To obtain a free copy of The Parents' Guide to Careers, please visit <https://www.theparentsguideto.co.uk/whats-next>.