

YEAR 9 Personal, Social, Health and Economic Education (PSHE)

Curriculum overview – how we have mapped our PSHE topics alongside Relationships, Health and Sex Education (RSHE)



Focus		Curriculum Content	Students will learn	Links to other curriculum areas	Workshops/external providers
Summer 2	Managing money	Everyday economic wellbeing – managing bank accounts and exploring different ways of saving and borrowing.	• how to open and manage a bank account • how to read a bank statement • how to save money and about different ways of saving • how to use a bank card safely • how to manage and avoid debt • how to make informed decisions about banking		Financial Literacy and Inclusion Campaign (FLIC)
Autumn 1	Mental health and wellbeing.	Building on previous learning, students rehearse essential self-regulation strategies and apply them to new and complex situations, including influences on self-expression.	• how to manage strong emotions and distractions • how to manage disappointments and setbacks • to recognise unhealthy coping strategies and develop healthy coping strategies • about influences on body modification and self-expression		

Autumn 2	Careers and future choices.	Preparing for GCSE option choices by exploring career interests, the careers landscape and managing online presence.	• how to explore career interests • about different work patterns and workplaces • how to manage pressure and seek support • how to prepare for KS4 (GCSE) options • how to showcase personal strengths and manage their online reputation	Careers information, advice and guidance programme	
Spring 1	Drug education.	— Building on previous learning, developing skills to manage situations involving alcohol, vapes or other substances.	• about vaping and its associated risks • to explore attitudes towards drugs and substance use • about the law and how to manage risk in relation to drugs • about the risks associated with alcohol and cannabis • how to manage influence in situations involving substances	KS3 National Curriculum, Biology	
Spring 2	Managing risk in relation to the law.	Assessing how young people might be drawn into criminal behaviour, and the impact of breaking the law.	• about serious and organised crime and how young people can be drawn into it • about the causes and effects of cybercrime • how to respond to dangerous situations, including 'run, hide, tell' • about the personal, legal and social consequences of breaking the law	KS3 National Curriculum, Citizenship	Home Office (Serious & Organised Crime); National Crime Agency (Cybercrime); ACT for Youth (Run, hide, tell)
Summer 1	Intimate sexual relationships.	Revisiting consent and learning about healthy, safe sexual relationships, including using contraception.	• how to avoid assumptions about consent • about freedom and capacity to consent • about relationship values • about contraception and sexual health • how to manage the ending of relationships	KS3 National Curriculum, Biology	Brook Education workshop

