

Trip to the Home of Cricket

On Thursday 12th May, 46 Rosedale College students took to Lord's Cricket Ground for the day. Students travelled by coach to the ground to watch Middlesex CCC play Nottingham CCC in the Specsavers County Championship.

Staff and students arrived at the ground just after 10:00am where they were shown to their seats and enjoyed watching the start of play in the morning sunshine. Nottinghamshire batted first and the team contained England internationals Haseeb Hameed, Ben Duckett and Stuart Broad. Hameed and Duckett batted well considering the excellent bowling by Middlesex and ex-England bowler Toby Roland-Jones.

Students were also able to enjoy activities around the ground including a visit to the Lord's Museum, playing cricket in the Academy indoor nets, taking selfies with the players as well as getting some autographs. It was a brilliant day enjoyed by all and we are looking forward to our next cricket trip, as well as our upcoming cricket fixtures.

A reminder that Year 7 and 8 cricket club for boys and girls is on a Monday afternoon while Year 9 and 10 cricket club for boys and girls is on a Thursday afternoon.



Royal Observatory Trip - Thursday 26th May

On Thursday 26th May, Year 10 students will visit the Royal Observatory in London. We will leave Rosedale College at 8:00am and return by 3:30pm, travelling by coach.

Please note that full college uniform must be worn. Any medication such as travel sickness tablets or inhalers should be in the original packaging and labelled with your child's name together with the instructions for taking it. Medication should be handed to a member of the Science Alliance on the morning prior to departure. On the day of your child's visit, they will require a packed lunch. If your child normally has a free school meal then this will be provided by the College.

Year 8 Leavers Barbeque - Thursday 26th May

To celebrate students reaching the end of Key Stage 3, Rosedale College is delighted to invite all Year 8 students to a barbeque on Thursday 26th May from 4:15pm to 6:30pm. Some students will be leaving us at the end of the term to join our studio colleges, and we would like to celebrate all the hard work and dedication the students have put in over the last two years.

All students will attend the day in normal college uniform, and they can then change into their own clothes at the end of the day. A letter has been sent home with all Year 8 students this week. If you would like your child to attend, please kindly complete the reply slip so that we can confirm our numbers for catering purposes. A copy of the letter can also be found on our college website via (<https://trhat.co.uk/letter-year8bbq-22/>). Thank you.

Examinations - Supporting Your Child

As we approach the period of public examinations, it is vitally important for students to settle into regular and structured home revision to give them the best possible chance of examination success.

Below are some tips for parents, guardians and carers on how to help your child with home revision:

- Provide them with a comfortable, quiet and well-lit area to work in
- Keep siblings occupied at revision times
- Ensure they are properly hydrated and are eating well
- Ensure they have adequate sleep
- Help them to put a home revision schedule together
- Break revision times into small 15-to-20-minute periods
- Ensure they have the books and equipment they need to properly revise
- Encourage them to adopt revision techniques such as writing brief notes to act as prompts
- Keep positive, create a 'can do' attitude

Good Luck!

Good luck to all our students sitting their public examinations in the forthcoming weeks. Never doubt your capacity to attain success as there is something in all of you that makes you capable of achieving great things. Push yourself beyond limits and remember, discipline, perseverance and self-belief are the keys to success.

Public Examinations - Year 11 and Post 16 Students

It is of vital importance that each student attends college fully prepared for each examination he/she is entered for at least 30 minutes before it is scheduled to commence. Students are required to attend all examinations in full college uniform and with the required equipment. For Science and Mathematics examinations, they must have a calculator, ruler, pencil and a geometry set. Students must also bring a black biro to each examination. The use of mobile telephones and other electronic devices are NOT PERMITTED in the examination hall. Therefore, it is requested that students do not bring these items to college when they have an examination. If students do need to have any such devices with them, they must hand them to the invigilation staff at the start of each examination. Failure to do so may result in disqualification from the examination. Students must attend the examination(s) for which they have been entered for. In the event of illness or an emergency situation that prevents your child attending or means your child will be late, please make contact with the College as soon as possible so that appropriate advice can be given and arrangements put in place. Please note that your child's final examination grade will be adversely affected if he/she fails to attend a scheduled examination.

The examination timetable for the upcoming week is as follows;


Date	Time	Examination	Length
Monday 23rd May	9:00am	Geography - Paper 1 A2 Sociology - Paper 1	1 Hour 30 Minutes 1 Hour 30 Minutes
	1:30pm	Citizenship - Paper 1 A2 Economics - Paper 1	1 Hour 45 Minutes 2 Hours
Tuesday 24th May	9:00am	French Listening (Foundation) French Listening (Higher) French Reading (Foundation) French Reading (Higher) AS Law - Paper 1 A2 Psychology - Paper 1 Arabic Listening Arabic Reading	35 Minutes 45 Minutes 45 Minutes 1 Hour 1 Hour 30 Minutes 2 Hours 1 Hour 45 Minutes
Wednesday 25th May	9:00am	English Literature (An Inspector Calls) English Literature (Jekyll and Hyde/A Christmas Carol) A2 Politics - Paper 1	50 Minutes 50 Minutes 2 Hours
	1:30pm	A2 Business - Paper 1 A2 History - Paper 1	2 Hours 2 Hours 15 Minutes
Thursday 26th May	9:00am	AS Economics - Paper 2 A2 History - Paper 1	1 Hour 30 Minutes 2 Hours 15 Minutes
	1:30pm	Religious Education A2 Physics - paper 1 AS Psychology - Paper 2	1 Hour 2 Hours 15 Minutes 1 Hour 30 Minutes
Friday 27th May	9:00am	Chemistry Combined (Paper 1) Foundation Chemistry Combined (Paper 1) Higher Chemistry Triple (Paper 1) Foundation Chemistry Triple (Paper 1) Higher AS Computer Science - Paper 2	1 Hour 15 Minutes 1 Hour 15 Minutes 1 Hour 45 Minutes 1 Hour 45 Minutes 1 Hour 15 Minutes
	1:30pm	AS Chemistry - Paper 2 AS Sociology - Paper 2	1 Hour 30 Minutes 1 Hour 30 Minutes

Free Guided Cycle Rides

To make the most out of summer this year, the London Borough of Hillingdon have organised free guided cycle rides from Sunday 22nd May to Sunday 21st August, designed to allow you to ride at your own pace, increase heart rate and improve well-being. The ride leaders are employees of Hillingdon Council and are keen cyclists who have been trained to guide groups of people.

Upcoming rides include family cycle rides, medium cycle rides and medium-long cycle rides; all routes will be fun, safe and interesting with the distance, duration and terrain of the ride varying according to the type of ride. For more information about the available dates and to book your place, please visit (<https://www.hillingdon.gov.uk/article/5202/Guided-cycle-rides>).



 <h2>MAY TO JULY 2022</h2>		
MAY		
Sunday 22nd May to Sunday 21st August		Free Guided Cycle Rides
Monday 23rd to Friday 27th		Public Examinations Continue
Tuesday 24th		Year 8 HPV Vaccinations
Thursday 26th		Year 10 Royal Observatory Trip
Thursday 26th	4:15pm to 6:30pm	Year 8 Leavers Barbeque
Monday 30th May to Friday 3rd June		Half Term
JULY		
Friday 15th	7:00pm to 12:00am	Year 11 Prom
Tuesday 19th July		Term Ends

		Week Commencing: Monday 23rd May MENU 1
MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

Immunisations - Year 8

On Tuesday 24th May, the NHS Immunisation Team will carry out the HPV vaccinations on our students in Year 8. The vaccinations will only take place for students who have returned their approved consent forms. If you have any questions about this, please do not hesitate to contact the College reception.

Facebook - Stay Connected

Please follow **The Rosedale Hewens Academy Trust** on Facebook via (<https://www.facebook.com/T.R.H.AcademyTrust>) to stay up to date with the exciting content we post each week and brace yourselves for many more memorable snapshots encapsulating the valuable opportunities offered at the Trust, providing students with engaging, exhilarating and unimaginable experiences!