

Food Technology at its Best!

Rosedale College and Food Technology staff are committed to offering a whole-school approach to healthy eating. A vast body of research shows that improved nutrition in schools leads to increased focus and attention, improved test scores and better classroom behaviour. Healthy school food can also increase school connectedness and reinforce to children, families and the community that students' health and well-being are valued. Every student in Years 7 and 8 are offered Food Technology classes where they are taught theory on healthy eating as well as undertaking a range of practical activities on producing healthy products and meals. We are very proud of the fact that we are able to offer this facility free of charge to students. As a college, Rosedale offers healthy eating education in the school curriculum, providing students with the skills and knowledge to promote a healthy diet. This includes growing sustainable foods, budgeting, shopping, food preparation, cooking and trying new foods. Food Technology also leads and assists in health promotion and healthy eating activities in the College, and tries to encourage healthy eating as being the 'norm' and role modelling healthy eating behaviours and attitudes. Food Technology is very popular as a subject and is currently full as an extra-curricular option, reflecting its popularity. The excellent skills of our students can be clearly seen in the photographs below, which illustrate the hard work and excellent products produced by our students for the recent Open Evening.

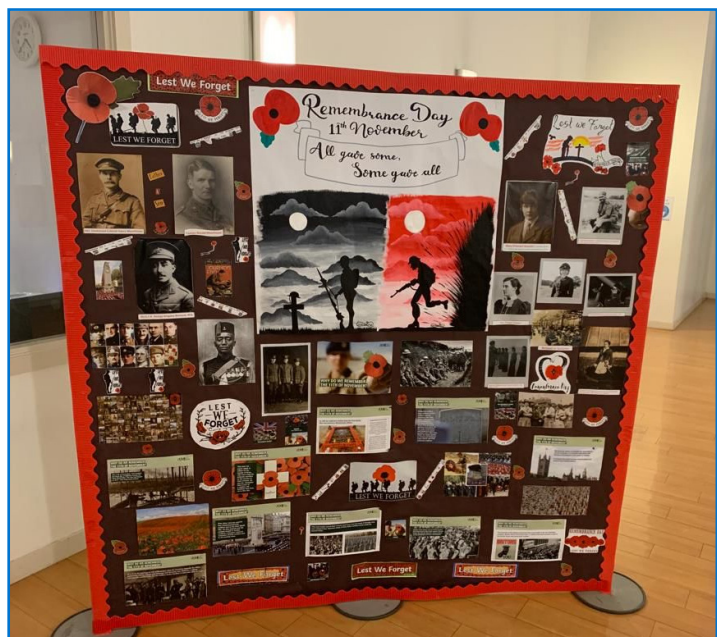




Remembrance Day

Remembrance Day is a memorial day observed in Commonwealth member states since the end of the First World War to honour armed forces members who have died in the line of duty. Rosedale College regarded this special day with great respect on Thursday 11th November with a display board and a two minute silence.

May we take this opportunity to remember those who have made the ultimate sacrifice in service to their country - thank you for your service.



Anti-Bullying Week

Anti-Bullying Week will take place from Monday 15th to Friday 19th November under the theme One Kind Word. In a world that can sometimes feel like it is filled with negativity, one kind word can provide a moment of hope; it can be a turning point in someone's life; it can break the cycle of bullying. It is now more important than ever to practise kindness. After months of isolation, little acts of consideration can break down barriers and brighten the lives of people around us. It starts with one kind word. It starts today.

Children in Need

Children in Need will return this year on Friday 19th November for a night of fundraising with the aim to ensure every child in the UK is safe, happy, secure and has the opportunities they need to reach their potential. The money raised will support local charities and projects which are providing essential frontline help to children and young people in communities throughout the UK, and improve the lives of disadvantaged children so that they can thrive.

Year 11 Prom - Summer 2022

Rosedale College are excited to hopefully be organising a Prom for Year 11 students this year. With that being said, it is not guaranteed that Prom will go ahead - it is completely dependent upon government guidance closer to the time. As such, we need all Year 11 students to complete a Trust survey so we can start planning; (<https://forms.office.com/r/DXOCs1jYLT>).

Please can we encourage all Year 11 students to complete this survey, so once all students have completed it, we can reveal more details about Prom. Thank you.

Trial Examinations - Supporting Your Child

As we approach the period of trial examinations, it is vitally important for students to settle into regular and structured home revision to give them the best possible chance of examination success.

Below are some tips for parents, guardians and carers on how to help your child with home revision:

- Provide them with a comfortable, quiet and well-lit area to work in
- Keep siblings occupied at revision times
- Ensure they are properly hydrated and are eating well
- Ensure they have adequate sleep
- Help them to put a home revision schedule together
- Break revision times into small 15 to 20 minute periods
- Ensure they have the books and equipment they need to properly revise
- Encourage them to adopt revision techniques such as writing brief notes to act as prompts
- Keep positive; create a 'can do' attitude

Trial Examinations - Post 16

We would like to remind all parents, guardians and carers that from Monday 15th to Friday 19th November, all Post 16 students at Rosedale College will be sitting their trial examinations. All examinations will take place in the main hall at Rosedale College unless otherwise stated, where students are expected to arrive promptly and at least 15 minutes prior to the start of each examination session. All students are expected to attend all examinations with the necessary equipment. Please see the examination timetable below; We wish all of our students the best of luck!

Date	Start Time	Examination
Monday 15th November 2021	9:00am to 12:00pm	BTEC Sport (Investigating Business in Sport) A2 Accounting (Financial Accounting) A2 Computer Science (Computer Systems) A2 English Literature (Elements of Tragedy) AS History (American Dream) A2 Law (Paper 1: Criminal Law) AS Business (Paper 1) A2 Chemistry (Depth) AS Chemistry (Hybrid) AS Law (Criminal Law: Section A Content)
	1:30pm to 4:00pm	BTEC Sport (Unit 2: Fitness Training and Programming) A2 English Literature (Elements of Crime, Atonement and Unseen) A2 Law (Paper 2: Tort) AS History (South Africa) A2 Chemistry (Physical and Organic)
Tuesday 16th November 2021	9:00am to 11:15am	A2 History (America) A2 Physics (Modelling) A2 Economics (Paper 1: Markets and Market Failure) AS Economics (Micro and Macro) AS Mathematics (Pure) AS Psychology (Hybrid Research Methods and Core Studies) A2 Cambridge Technicals (Cyber Security)
	2:00pm to 4:00pm	A2 Economics (National and International Economy) AS Politics (UK Politics and Government) A2 History (South Africa) A2 Physics (Exploring) AS Mathematics (Applied)
Wednesday 17th November 2021	9:00am to 11:15am	Art and Design (Developing and Realising Creative Intentions)
		A2 Biology (Biological Processes) A2 Business (Paper 1) A2 Further Mathematics (Core Pure Mathematics) A2 Sociology (Hybrid Socialisation and Crime and Deviance) AS Physics AS English Literature Criminology (Certificate) (Media Representations of Crime) AS Cambridge Technical (Fundamentals of Information Technology) BTEC Health and Social Care (Certificate)
	12:15pm to 2:45pm	A2 Computer Science (Algorithms and Programming) A2 Biology (Depth) A2 Sociology (Researching and Understanding Social Inequalities) A2 Further Mathematics (Further Statistics) AS English Literature (The Great Gatsby)
Thursday 18th November 2021	9:00am to 11:00am	A2 Mathematics (Pure Mathematics) AS Sociology (Hybrid Socialisation and Researching Inequalities) A2 History (Tudors) AS Biology
	12:15pm to 2:15pm	A2 Economics (Economic Principles and Issues) A2 Politics (Political Ideas)
Friday 19th November 2021	9:00am to 10:30am	BTEC Business (Unit 3: Personal and Business Finance) A2 Mathematics (Applied Mathematics) A2 Politics (Global Politics) A2 Psychology (Research Methods) AS Computer Science (Computing Principles)
	11:15am to 1:15pm	Criminology (Diploma) (Unit 3: Crime Scene to Courtroom)
	2:00pm to 4:00pm	BTEC Engineering (Engineering Principles) A2 Law (Paper 3: Contract Law) A2 Psychology (Hybrid Core Studies and Issues in Mental Health) AS Computer Science (Algorithms and Programming)

Trial Examinations - Year 11

Trial examinations for all Year 11 students will take place from Thursday 25th November to Friday 3rd December. All examinations will take place in the Sports Hall. It is of vital importance that each student arrives at college at 8:45am each day, in full college uniform and with the correct equipment. For Science and Mathematics examinations, they must have a calculator, ruler, pencil and a geometry set. Students must also bring a black biro to each examination. Mobile telephones and other electronic devices are NOT PERMITTED to be taken into the examination hall. Therefore, it is requested that students who need to have any such devices with them hand them to the member of staff invigilating at the start of each examination. In the event of illness or an emergency situation that prevents your child attending one or more of the examinations or if they are going to be late, please make contact with the College as soon as possible so that appropriate advice can be given and arrangements put in place. Students will not have study leave during this time, so are expected to attend normal lessons when not in an examination. The examination timetable is as follows:

Date	Start Time	Examination
Thursday 25th November	9:00 to 10:45am	English Literature Paper 1
	11:15am to 12:15pm	Religious Education Paper 1
	2:00 to 3:15pm 1:45 to 3:45pm	Biology Science Combined Biology Science Extended
Friday 26th November	10:00 to 11:30am 10:00 to 11:20am 10:00 to 11:05am	Geography Paper 1 French Writing Higher Tier French Writing Foundation Tier
	1:45 to 3:30pm	Citizenship Paper 1
Monday 29th November	10:00 to 11:45am	History Paper 1
	1:45 to 3:00pm 1:45 to 3:30pm	Chemistry Science Combined Chemistry Science Extended
Tuesday 30th November	9:00 to 10:45am	English Literature Paper 2
	2:00 to 3:30pm	Mathematics Paper 1
Wednesday 1st December	10:00 to 11:45am	Citizenship Paper 2
	1:45 to 3:00pm 1:45 to 3:30pm	Physics Science Combined Physics Science Extended
Thursday 2nd December	9:00 to 10:30am	IT Paper 1
	11:15am to 12:35pm 2:00 to 3:30pm	History Paper 2 Mathematics Paper 2
Friday 3rd December	9:00 to 10:30am 9:00 to 10:00am 9:00 to 9:45am	Geography Paper 2 French Reading Higher Tier French Reading Foundation Tier
	2:00 to 3:00pm	Religious Education Paper 2

Post 16 Open Evening - Monday 22nd November


The Rosedale Hewens Academy Trust is excited to announce its Post 16 Open Evening, held to support all local young people in choosing the best possible pathway for success, as they work towards graduating from their secondary education. The evening will aim to guide parents, guardians, carers and prospective students through The Trust's Post 16 offer, where they will be taken on a journey through the four colleges within The Trust and guided through the different curriculum areas, demonstrating what Post 16 teaching and learning looks like, as it is a step up from GCSE. From the wide variety of subject areas on offer, students and their families will be able to gauge the examination boards used, the modules covered in both Year 12 and 13, and will receive a comprehensive overview of what the course demands from its students.

The event promises to be informative and enlightening for all. From the career-focused courses offered at The Trust to our extensive enrichment opportunities, students and their families are invited to join us on **Monday 22nd November at 6:00pm** to find out just what makes Post 16 at The Rosedale Hewens Academy Trust an offer that cannot be missed!

In order to keep the crowds to a minimum, we would appreciate if we could limit the guests to one adult per prospective student. In the meantime, please feel free to explore our Post 16 provision at (<https://trhat.co.uk/explore-post16/>).

Public Examinations - Summer 2022

The Public Examinations page on our college website provides information about the summer 2022 examinations for Year 11 and Year 13 students. There are also some useful links for students and parents, guardians and carers about revision tips, study skills and managing examination stress. Please visit (<https://www.rosedalecollege.uk/115/public-examinations>) for access to these resources. Year 11 have been learning about revision techniques and have been given a revision techniques booklet to help them plan their own revision timetable. You will also find an update on the scheduled collection date for your child's summer 2022 examination results. Details about collection procedures will be published via newsletter and the College website nearer the time.



NOVEMBER TO DECEMBER 2021

NOVEMBER	
Monday 15th to Friday 19th	Post 16 Trial Examinations
Monday 15th to Friday 19th	Anti-Bullying Week
Friday 19th	Children in Need
Monday 22nd	6:00pm
Monday 22nd	Post 16 Open Evening
Thursday 25th to Tuesday 30th	Year 11 Trial Examinations
DECEMBER	
Wednesday 1st to Friday 3rd	Year 11 Trial Examinations Continue
Friday 17th	Term Ends

		Week Commencing: <i>Monday 15th November</i>	
MENU 3			
MONDAY			
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice		Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy		Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy		Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy		Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter		Gluten/ Dairy Free
Vegetables	Carrots and Green Cabbage		
Dessert Choice	Orange Jelly		Fresh Fruit and Yoghurts
TUESDAY			
Meal Choice 1	Chicken Tikka Masala with Rice		Halal
Meal Choice 2	Beef Lasagne with Fresh Salad		Halal
Meal Choice 3	Beef Lasagne with Fresh Salad		Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad		Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta		Gluten/ Dairy Free
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	Chocolate Mousse		Fresh Fruit and Yoghurts
WEDNESDAY			
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip		Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice		Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice		Non Halal
Meal Choice 4	Chickpea and Lentil Curry		Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice		Gluten/ Dairy Free
Vegetables	French Beans and Sweetcorn		
Dessert Choice	Apple Crumble		Fresh Fruit and Yoghurts
THURSDAY			
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa		Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa		Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa		Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa		Gluten/ Dairy Free
Vegetables	Baby Carrots and Peas		
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry		Fresh Fruit and Yoghurts
FRIDAY			
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges		
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges		
Meal Choice 3	Chicken Fillet with Potato Wedges		Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/ Dairy Free
Vegetables	Broccoli and Mushy Peas		
Dessert Choice	Chocolate Brownie Tray Bake		Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>			

Term Dates

The 2021 to 2022 term dates are detailed on our website. Please check these dates as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.