



#### FRIDAY 12TH MAY 2023

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#### Sunrise Cricket Game

On Friday 5th May, some of our Year 7 and Year 8 female students got the opportunity to go and watch the Sunrises - all women cricket team - play. Despite the inclement weather, our students had a fantastic opportunity to meet professional players as well get a bespoke training session from a Middlesex coach. The girls had a great time and really enjoyed the experience, and we are hoping events such as this will encourage more girls into professional sports.



**Measles Cases in Hillingdon** 



The local Public Health team has informed us that there has been a recent increase in the number of cases of Measles in Hillingdon. Please take a look at our website to read the letter from the Director of Public Health England, and for more information.

https://www.rosedalecollege.uk/latest-news/public-healthcases-of-measles-in-hillingdon



### Year 11 Prom - Friday 14th July

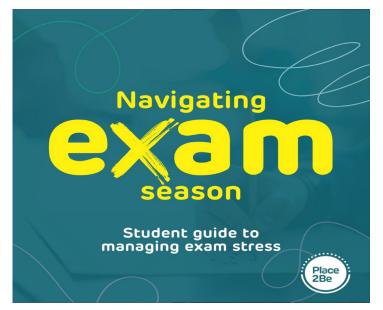
Owing to its huge demand in previous years, we would like to remind students to confirm their attendance and secure their places promptly for the Year 11 Prom, taking place at Q Vardis on **Friday 14th July 2023.** This is a great opportunity for students to celebrate the culmination of their Year 11 experience, as they will look back and remember this milestone event for the rest of their lives. This year's lavish affair, where attention to detail will be paramount, will see our 2023 Leavers cohort creating extraordinary memories that will last a lifetime.

We have a number of exciting events lined up for the evening; so, get your tickets and experience your one and only Prom in the most extraordinary way! Tickets are now available to purchase via iPayimpact. Please purchase your tickets by **Friday 9th June 2023.** 

https://www.rosedalecollege.uk/latest-news/year-11-prom-ticketsnow-available



## **Exam Season**



Exam season can be a challenging time for young people. Many feel stressed in the lead-up to their exams and worried in anticipation of their results. As adults, it can be difficult to know what we can do to support children and young people during this time. Place 2 Be have created some tip sheets full of practical advice to help young people, schools and families manage stress during exam season.

Click the link or download the documents below for advice on managing stress in the lead-up to and during exams.

https://www.rosedalecollege.uk/latest-news/navigating-exam-season



## **Do Something This Half Term**



#DOSOMETHINGTHISHALFTERM

Get active this half term with 2 free fun-filled days of creative arts, sports, cooking and activities. During the 2 days, we'll focus on fun, fitness, wellbeing and teamwork, and will also be teaming up with YourStance to deliver emergency lifesaving skills. Visit our website for more information: <u>https://www. rosedalecollege.uk/latest-news/dosomethingthishalfterm</u>

## Are You Interested In Being A Parent Governor?

The Academy Board is the regulatory authority of The Trust and as such is responsible for setting the strategic direction, at a corporate level, across the group of schools within The Trust. Each school has a Local Advisory Board (LAB) which is responsible for advising and assisting the leadership of the School with the standards of high quality teaching; reviewing and reporting on the curriculum offered with reference to national and local requirements; monitoring and reviewing the progress of students in terms of academic achievements, attendance, punctuality and behaviour benchmarked against national and local performance; actively promoting the work of each school within the community; responding to external feedback from national and local bodies to continuously improve the offering of the School and wider Academy Trust.

The LAB consists of community (co-opted) members, parents, guardians, carers and staff. The skills set, expertise and commitment of each individual are fundamental, as the LAB is critical to the work of our schools and overall governance arrangements of The Trust. The College is eager to appoint two dynamic individuals as Parent Governors to support the College community in serving the entire student body to the best of its ability. If this opportunity interests you, please contact Sue Neave, Admin Officer, by email at trhat@ trhat.org or contact the main college reception where a member of staff will advise you of the procedure to follow to apply for the post. Thank you and we look forward to hearing from you!

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## **Extra Curricular Activities**

#### **Key Stage 3 Extra-Curricular Activities**

MONDAY	TUESDAY	WEDNESDAY	
Cricket Club	Cricket Club	Food Club	
Year 9	Years 7 & 8	Time: 3:45 to 5:00pm	
Time: 4:00 to 5:00pm	Time: 4:00 to 5:00pm	Location: TE8	
Location: Astro	Location: Astro	Teacher: Mr M Root	
Teachers: Mr Spencer Mr C Hobday	Teachers: Mr Spencer Mr C Hobday		
Athletics Club	Maths Club	Technology Club	
Time: 4:00 to 5:00pm	Time: 3:45 – 4:30pm	Time: 3:45 to 5:00pm	
Location: Astro	Location: MA4	Location: TE6	
Teacher: Miss Whitley	Teacher: Ms V McIntosh	Teacher: Mr W Esson	
KS3 IT Club	Art Club	Science Club	
Time: 3:45 - 5:00pm	Time: 3:45 – 5:00pm	Time: 3:45 – 4:30pm	
Location: IT4	Location: PA3	Location: SC3	
Teacher: Mr M Kennedy	Teacher: Ms Vaz/Ms Abdulmawla	Teacher: Ms N Ferguson-Brown	
Choir	Rounders Club	Robotics Club	
Time: 3:45 – 5:00pm	Year 9	Time: 3:45 to 5:00pm	
Location: PA1	Time: 4:00 to 5:00pm	Location: TE3	
Teacher: Mr J Asquith	Location: Sports Hall	Teacher: Mr R Clayton	
	Teacher: Miss Craig		

#### Key Stage 4 Extra-Curricular Activities

MONDAY	TUESDAY	Wednesday Maths Club	
Cricket Club	Rounders Club		
Time: 4:00 to 5:00pm	Time: 4:00 – 5:00pm	Time: 4:00 – 4:30pm	
Location: Astro	Location: Sports Hall	Location: MA4	
Teacher: Mr Hobday	Teacher: Miss Craig	Teacher: Ms V McIntosh	
Athletics Club			
Time: 4:00 to 5:00pm			
Location: Astro			
Teacher: Miss Whitley			
KS4 Quiet Space			
Revision Club – All Subjects			
Time: 4:00 - 5:00pm			
Location: TE2/TE7			
Teacher: Ms T Parineiad			

#### Absence

In the event of your child being unable to attend college, please contact the main reception on number before time. In order for the College to ensure that all students are properly safeguarded, it is important for you to follow this procedure for every day your child is absent. The only exception to this is for extended periods of illness where the period of absence is explained in a note from your child's doctor or hospital. The College is required to account for all absences so please ensure your child brings a letter that verifies the reasons for their absence on their return to college.

#### Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. It is designed to instil a sense of pride, identity and belonging. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.

https://www.rosedalecollege.uk/uniform-requirements

## Appropriate Footwear

Students wearing appropriate footwear in college is essential, not only to comply with our published expectations in terms of uniform, but also to avoid inappropriate footwear such as trainers, boots and open toe sandals in college. Obviously, if the weather is inclement, it is sensible for students to wear boots to and from college. However, they must change into black shoes on arrival. The Rosedale Hewens Academy Trust cannot accept any liability in circumstances where issues emerge due to inappropriate footwear. Your support in this matter is appreciated.

7 8 9 10 13 14 15 10 - 16 11 20 21 22 23 24 35 24 21 28	MAY 2023
MAY	
15th May	GCSE Exams Start
15th-19th May	Walk to School Week
15th-21st May	Mental Health Awareness Week
16th May	Court Trip Year 10 Students
19th May	Trip to Lords Cricket Ground
24th May	Key Stage 3C Leavers Barbecue
29thMay-2nd June	May Half Term

# ROSEDALE

Week Commencing: Monday 15th May

MENU 3

MONDAY					
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice		Halal		
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy		Halal		
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy		Non Halal		
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy		Vegetarian		
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without M Butter	Gluten/Dairy Free			
Vegetables	Carrots and Green Cabbage				
Dessert Choice	Orange Jelly Fresh Fruit		t and Yoghurts		
TUESDAY					
Meal Choice 1	leal Choice 1 Chicken Tikka Masala with Rice Halal				
Meal Choice 2	Beef Lasagne with Fresh Salad		Halal		
Meal Choice 3	Beef Lasagne with Fresh Salad		Non Halal		
Meal Choice 4	Vegetarian Lasagne with Fresh Salad		Vegetarian		
Meal Choice 5	Minced Beef with Gluten free Pasta		Gluten/Dairy Free		
Vegetables	Broccoli and Cauliflower Florets				
Dessert Choice	Chocolate Mousse Fresh Fruit		t and Yoghurts		
WEDNESDAY					
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip		Halal		
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice		Halal		
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice		Non Halal		
Meal Choice 4	Chickpea and Lentil Curry		Vegetarian		
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice		Gluten/Dairy Free		
Vegetables	French Beans and Sweetcorn				
Dessert Choice	Apple Crumble Fresh Fruit		t and Yoghurts		
THURSDAY					
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa		Halal		
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa		Non Halal		
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa		Vegetarian		
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa		Gluten/Dairy Free		
Vegetables	Baby Carrots and Peas				
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry Fresh Fruit		t and Yoghurts		
FRIDAY					
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges				
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges				
Meal Choice 3	Chicken Fillet with Potato Wedges		Halal		
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free		
Vegetables	Broccoli and Mushy Peas				
Dessert Choice	Chocolate Brownie Tray Bake Fresh Fruit		t and Yoghurts		
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily					