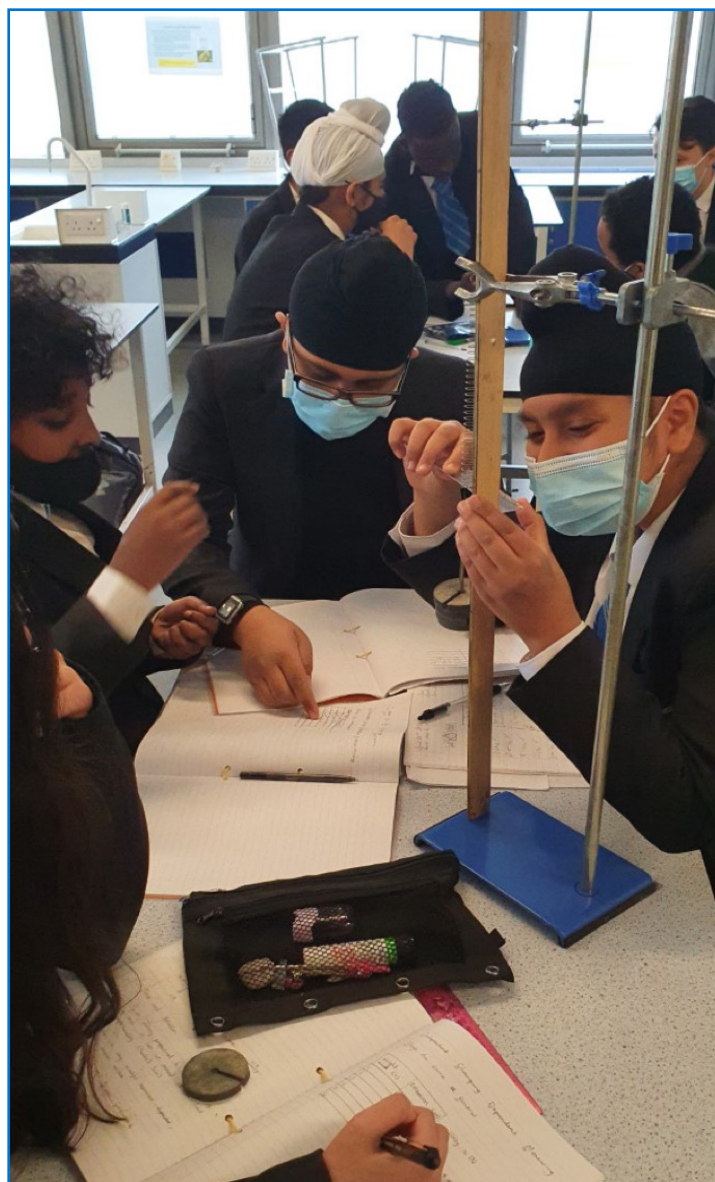


Bringing a 'Spring' Back to Science

As the UK continues to ease its coronavirus (COVID-19) restrictions, the Science Alliance at Rosedale College is taking a similar approach by inviting students back in the laboratory to improve practical and scientific skills. Currently, Year 8 students are investigating forces in the Physics module of the curriculum. Understanding forces is an important prerequisite for engineering concepts such as bridges, trampolines and roller coasters. This week, students carried out an experiment to investigate Hooke's Law. In this practical, the students varied the force and measured the extension of a spring. Results were tabulated and then used to plot a graph. Overall, students enjoyed being back in the laboratory, carrying out fun investigations while learning.



Post 16 Meetings and Workshops

The Post 16 team is enthused about resuming the summer term with the students on site and this enthusiasm has been warmly reciprocated by our students. With the return to on site learning, the Post 16 team has been working hard to plan unique and interactive activities for the students to immerse themselves in. Monday 26th April marked the official return of the weekly Post 16 mentor meetings at the eager demand of the cohort. Weekly mentor meetings are individual sessions that last between ten to fifteen minutes where each Year 12 student has a scheduled meeting with their designated mentor. These meetings are highly popular with the students as they get to spend dedicated time with their mentor to indulge in quality exchanges. These meetings typically cover a wide range of topics pertaining to students' academic progress, career aspirations, personal growth, character development and much more. Students also use this time to express their joys, share their personal upheavals and learn how to handle their emotions with maturity.



In addition to this, the Post 16 team is already planning the second series of workshops that will be taking place after the May half term. Workshops are a safe space where students are encouraged to challenge themselves and unlock their true potential. They are designed to inculcate higher aspirations, motivation and self-development through activities and interactive sessions that typically last upwards of an hour. Due to the nature of the workshops, students also benefit greatly from the social aspect of it, enhancing their social etiquettes as well as learning about a plethora of important life skills that they require in order to thrive in the outside world. There is already a lot of anticipation from all parties involved for the workshops to resume in June!

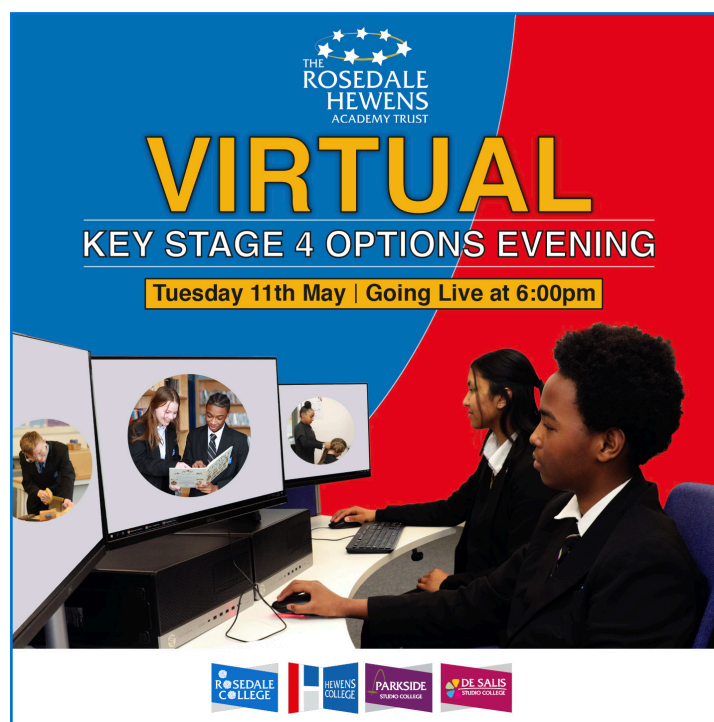
Virtual Year 8 Options Day and Evening

This year, The Rosedale Hewens Academy Trust is excited to announce its first Virtual Year 8 Options Day and Evening, held to support students in choosing their Key Stage 4 options. The event will take place virtually on Tuesday 11th May 2021 at 6:00pm via (<https://trhat.co.uk/virtualoptionsks4-rc/>), and will follow a series of assemblies for students to explore their Key Stage 4 subject options.

The day programme will provide students with the opportunity to receive specialist advice, guidance and information about how to choose their options. They will also be able to watch presentations from each option subject, which will explain the course content and assessment, as well as possible career routes.

During the virtual Year 8 Options Evening event, students and their parents, guardians or carers will have the opportunity to watch a presentation by the Vice Principal/Principal, where they will explain the courses on offer and the application process. There will be a dedicated Options page on each college website, with additional guidance and support for both students and their parents, guardians and carers.

Letters detailing arrangements for this event have been sent to parents, guardians and carers and can be accessed via (http://upload.reactcdn.co.uk/rosedale_college/uploads/document/2_404_rosedale-college-options-2021-letter.pdf). In the meantime, if you have any questions about this event, please speak to your child's Form Tutor. Thank you.



THE ROSEDALE HEWENS ACADEMY TRUST

VIRTUAL

KEY STAGE 4 OPTIONS EVENING

Tuesday 11th May | Going Live at 6:00pm

The banner features a blue and red background with a large yellow 'VIRTUAL' text. Below it, a black 'KEY STAGE 4 OPTIONS EVENING' text is displayed. A yellow box highlights the date and time: 'Tuesday 11th May | Going Live at 6:00pm'. The bottom section shows a student sitting at a desk with a computer, looking at a screen displaying a virtual assembly. Logos for Rosedale College, Hewens College, Parkside, and De Salis are at the bottom.

MAY	
Tuesday 11th	Virtual Year 8 Options Day and Evening
Wednesday 12th	Year 10 Vaccines

 Week Commencing: Monday 10th May MENU 3	
MONDAY	
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage
Dessert Choice	Orange Jelly <i>Fresh Fruit and Yoghurts</i>
TUESDAY	
Meal Choice 1	Chicken Tikka Masala with Rice Halal
Meal Choice 2	Beef Lasagne with Fresh Salad Halal
Meal Choice 3	Beef Lasagne with Fresh Salad Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets
Dessert Choice	Chocolate Mousse <i>Fresh Fruit and Yoghurts</i>
WEDNESDAY	
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice Non Halal
Meal Choice 4	Chickpea and Lentil Curry Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn
Dessert Choice	Apple Crumble <i>Fresh Fruit and Yoghurts</i>
THURSDAY	
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa Gluten/Dairy Free
Vegetables	Baby Carrots and Peas
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry <i>Fresh Fruit and Yoghurts</i>
FRIDAY	
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges
Meal Choice 3	Chicken Fillet with Potato Wedges Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas
Dessert Choice	Chocolate Brownie Tray Bake <i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>	

Year 10 Vaccines

On Wednesday 12th May, the NHS Immunisation Team will carry out the Meningitis ACWY vaccine and the Tetanus/ Diphtheria/ Polio vaccine on our age appropriate Year 10 students. The vaccinations will only take place for students who have returned their approved consent forms that were distributed to parents, guardians and carers last week. Please be advised that if any children have had a coronavirus vaccination recently, they must wait 4 weeks before the Booster/HPV vaccination. If you have any questions or concerns, please do not hesitate to contact the College reception. Thank you.

Term Dates

The year to year term dates are detailed on our website. Please check these dates as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.