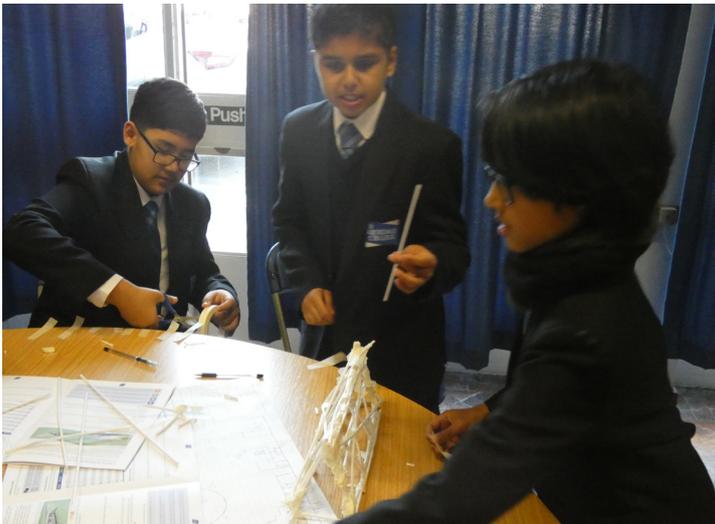




HS2 (High Speed 2) Engineers Workshop

What an exciting day it has been for 60 of our Year 7 students! On the 24th January, they took part in a STEM workshop provided by the companies HS2 and Learn by Design, through EDT (the Education Development Trust).

The workshop has been designed to inspire future engineers to become EPIC - Extraordinary People Initiating Change - and showcases the creative, technology-driven solutions used in rail and infrastructure industries.



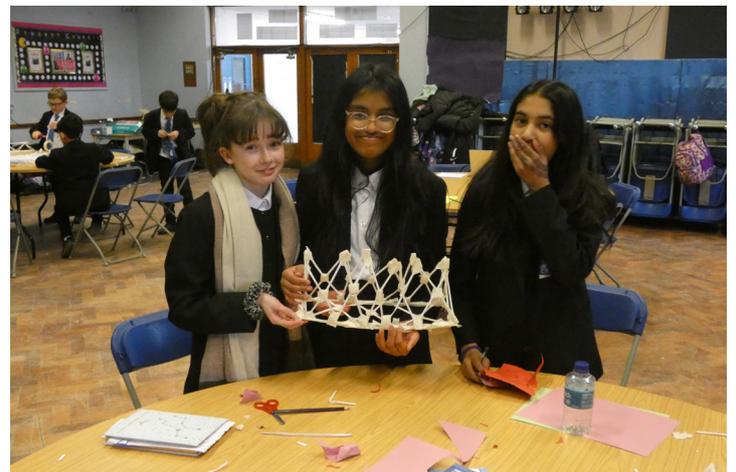
The students completed a variety of activities: from self-examination and reflection on their skill and attributes and understanding how these could be used as Essential Skills to building tunnel structures, byway of designing a railway station of the future. The students applied their understanding of STEM career roles and developed their teamwork, creativity and communication skills. Team building and listening skills were also emphasised.



The students really had a good time especially in building the tunnels and finding out if their constructions were resistant enough to carry the weight of a train without collapsing.

Through this activity, the students applied their Essential Skills to solve a real-world design.

The event was a success and hopefully will help our young students to decide on the next steps to a STEM career.



Key Stage 3 After School Activities



Key Stage 3 Extra-Curricular Activities



MONDAY	TUESDAY	WEDNESDAY
Netball Club Time: 4:00 to 5:00pm Location: Sports Hall Teachers: Miss Morrison/Miss Craig	Year 7 & 8 Boys Football Time: 4:00 to 5:00pm Location: Sports Field Teachers: Mr Yashaya/Mr C Hobday	Food Club Time: 3:45 to 5:00pm Location: TE8 Teacher: Mr M Root
Choir Time: 3:45 – 5:00pm Location: PA1 Teacher: Mr J Asquith	KS3 Homework Club Time: 3:45 – 4:30pm Location: Library Teacher: Ms S Theepan	Technology Club Time: 3:45 to 5:00pm Location: TE6 Teacher: Mr W Esson
KS3 IT Club Time: 3:45 – 5:00pm Location: IT4 Teacher: Mr M Kennedy	Art Club Time: 3:45 – 5:00pm Location: PA3 Teacher: Ms Vaz/Ms Abdulmawla	Science Club Time: 3:45 – 4:30pm Location: SC3 Teacher: Ms N Ferguson-Brown
	KS3 Reading Club Time: 3:45 – 5:00pm Location: EN1 Teacher: Mr I Beeston	Year 7, 8 & 9 Girls Football Club Time: 4:00 to 5:00pm Location: Sports Field Teachers: Mr Hobday/Ms Craig
	Maths Club Time: 3:45 – 4:30pm Location: MA4 Teacher: Ms V McIntosh	Robotics Club Time: 3:45 to 5:00pm Location: TE3 Teacher: Mr R Clayton
	Dance Club Time: 3:45 – 4:45pm Location: Hall Teacher: Ms James & Ms Jones	Year 9 Boys Football Club Time: 4:00 to 5:00pm Location: Sports Field Teachers: Mr Hobday/Ms Craig
	Year 9 Badminton Club Time: 4:00 to 5:00pm Location: Sports Hall Teacher: Mr Shah	

Key Stage 4 After School Activities



Key Stage 4 Extra-Curricular Activities



MONDAY	TUESDAY	Wednesday
Netball Club Time: 4:00 to 5:00pm Location: Sports Hall Teachers: Miss Morrison/Miss Craig	Badminton Club Boys and Girls Time: 4:00 to 5:00pm Location: Sports Hall Teachers: Mr N Shah	Boys Football Time: 4:00 to 5:00pm Location: Sports Field Teachers: Mr M Hobday/Miss Craig
Year 10 French Intervention Time: 4:00 to 4:45pm Location: IT1 Teacher: Ms F Karekezi	Maths Club Time: 4:00 – 4:30pm Location: MA4 Teacher: Ms V McIntosh	Girls Football Time: 4:00 to 5:00pm Location: Sports Field Teachers: Mr M Hobday/Miss Craig
KS4 Quiet Space Revision Club – All Subjects Time: 4:00 – 5:00pm Location: TE2/TE7 Teacher: Ms T Parinejad	Dance Club Time: 4:00 – 4:45pm Location: Hall Teacher: Ms James & Ms Jones	

Sports Club Timetable



Sports Clubs Timetable



(January - April 2023)

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch clubs 1.00pm – 1.30pm	Basketball Year 7 & 8 (Sports Hall) Mr Monavari				Volleyball Year 7 & 8 (Sports Hall) Miss Craig
Lunch clubs 1.30pm – 2.00pm		Basketball Year 9 & 10 (Sports Hall) Mr Monavari			Volleyball Year 9 & 10 (Sports Hall) Miss Craig
After School 4.00pm – 5.00pm	Netball All years (Sports Hall) Miss Morrison Miss Craig	Football Year 7 & 8 Boys (Astro) Mr Yashaya Mr Wharton Mr C Hobday Badminton Year 9, 10 & 11 Boys & Girls (Sports Hall) Mr Shah	Football Year 9, 10 & 11 Boys & All years Girls (Astro) Mr M Hobday Miss Craig		
	Fixtures	Fixtures	Fixtures	Fixtures	

FREE Asthma Workshop

H4All
stronger together

FREE
Virtual
Asthma Workshop's

January 16th February 6th March 6th

4pm - 5pm

CONTACT THE TEAM TO RESERVE YOUR PLACE
 ✉ nhsnwl.myhealth@nhs.net ☎ 01895 543 437

WHAT'S INCLUDED IN THE WORKSHOP ?

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is asthma attacks, asthma triggers, in techniques and asthma action plans.

The workshops are run online via ZOOM from 4:00pm to 5:00pm and you can register your FREE place here: <https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397>

They are taking place on January 16th, February 6th and March 6th.

You can also contact the MyHealth team on tel: 01895 543 437 or nhsnwlccg.myhealth@nhs.net

NSPCC Number Day - Friday 3rd February

Please look out for information regarding a cake sale at Rosedale College on Friday 3rd February to raise money for NSPCC Number Day.



Appropriate Footwear

Students wearing appropriate footwear in college is essential, not only to comply with our published expectations in terms of uniform, but also to avoid inappropriate footwear such as boots and open toe sandals in college. Obviously, if the weather is inclement, it is sensible for students to wear boots to and from college. However, they must change into black shoes on arrival. The Rosedale Hewens Academy Trust cannot accept any liability in circumstances where issues emerge due to inappropriate footwear. Your support in this matter is appreciated.

College Drop off and Collection

Please can we remind parents, guardians and carers not to block the pavements outside or opposite the College as on occasions, our students and other pedestrians have had to walk on the road as a consequence, which is very dangerous. We appreciate that these are exceptional times in terms of managing access to the schools, however please can we request all parents, guardians and carers to be mindful of others when dropping and collecting children.

Absence Reporting

In the event of your child being unable to attend college, please contact the main reception on 0208 573 2097 or email: rosedalecollege@trhat.org before time. In order for the College to ensure that all students are properly safeguarded, it is important for you to follow this procedure for every day your child is absent. The only exception to this is for extended periods of illness where the period of absence is explained in a note from your child's doctor or hospital.

The College is required to account for all absences so please ensure your child brings a letter that verifies the

Free School Meals

'Free School Meals' is a statutory means-tested benefit, which provides a child with meals at school or college for free. If you believe you may be entitled to this benefit for your child, please attend the College reception and request an application form. The member of staff on reception will be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals'. Please note that parents, guardians and carers must reapply each year for this benefit.

Emergency Contact Details

In the best interest of your child's wellbeing whilst at college, it is vitally important, that in the event of an emergency, we are able to make contact with you or another emergency contact, as quickly as possible. To this end, we would like to remind all parents, guardians and carers to keep your contact details updated with the College and to ensure that you provide up-to-date details of at least two other emergency contacts for your child. Thank you.

	JAN/FEB 2023
JANUARY	
Mon 30th Jan	Othello trip for Year 12 & Year 13
Tues 31st Jan	Workshop for Year 7 students Mathswatch & Kerboodle
Tues 31st Jan	Year 7 Information Evening 6pm
Weds 1st Feb	Sea Cadets for Year 8
Weds 1st Feb	Intermediate Maths Challenge
Fri 3rd Feb	Poetry Live Trip

	Week Commencing: Monday 30th January
MENU 3	

MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		