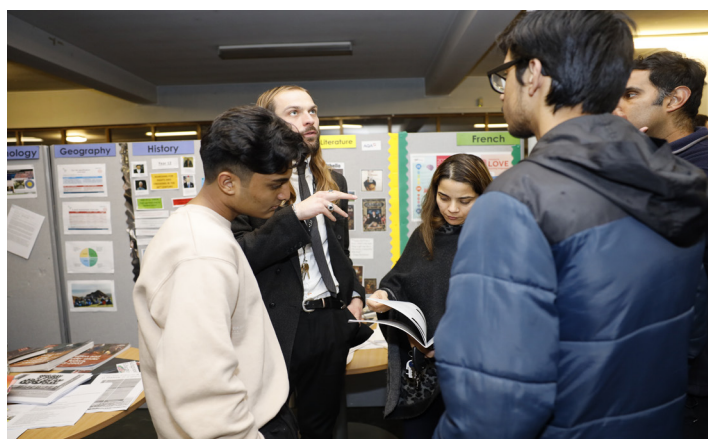


POST 16 OPTIONS EVENING

On Wednesday 30th November we held our Post 16 Options Evening, we had a lovely evening showcasing what we have on offer at Rosedale College for future Post 16 students.

Students that could not make the evening please come to reception and pick up your booklet.



CHRISTMAS WREATHS

De Salis students have been working on a Business project and have decided to make and sell Christmas Table Decorations and wreaths. They are taking orders now, to order either visit De Salis Instagram page or scan the QR on the flyer below. Collections will start on 12th December and cash payments only.



CHRISTMAS WREATHS
Limited Availability

Collections from 12th December
Table Decorations: £10.00
Door Wreaths: £20.00

To Order:
Please visit our instagram account for more details or Scan the QR code to start your order!

Please note that orders are cash only!

020 3819 3421
@desalisstudio

CHRISTMAS CHARITY EVENT- 8th DECEMBER



The Rosedale College Student Council are pleased to invite all students to join in with a Christmas charity event on 8th December, whereby students may wear a Christmas decorative item (for example a Christmas jumper, Christmas tie, tinsel or decoration) for the day. This is not compulsory, and those who would like to take part are asked to make a £1 contribution on the day, which will be donated to Save the Children. The Christmas item must be worn with appropriate College uniform, and does not mean that students can attend in non-uniform. This is a great opportunity to get into the holiday spirit while raising money for charity, and we hope that all students that take part do so appropriately.

In addition, our Winter Festival takes place on the 8th December in the main hall at 7:00pm. All are welcome, and tickets can be purchased on iPay for £3:00.

STUDENT CHRISTMAS LUNCH

This year the trust are supplying all the students with a FREE Christmas lunch on Wednesday 14th December, please see menu below.



CHRISTMAS MEAL
Secondary Students
Wednesday 14th December 2022

Christmas Turkey


Mains
Roast Turkey
Pork Chipolata wrapped in smoked bacon
Rich Onion Gravy
Available in Halal and Non Halal

Vegetarian
3 x Mini Savoury Tarts

All Main Dishes Served With
Roasted Rosemary and Thyme Potatoes
Sage and Onion Stuffing
Yorkshire Pudding
Honey Glazed Baby Carrots
Baby Buttered Brussels sprouts

Dessert
Rich Chocolate Cake with a Caramel Fudge Sauce
Fresh Fruits and Yoghurts

WINTER WELLNESS DIRECTORY



H4All stronger together **mind** in Hillingdon **MyHealth** My well. My life

WINTER WELLNESS DIRECTORY

Helping you live well this winter

Hillingdon have published their Winter Wellness Directory. You can get help with Government Schemes, Council Help, Debt and Budgeting advice, Household bills and appliances, Self care and Mental Health support, local support groups and Food banks, please click on link for more information <https://www.rosedalecollege.uk/latest-news/online-winter-wellness-directory>

HEALTH AND HYGIENE - GOOD PRACTICE

During the winter months, colds, flus and other infections and illnesses tend to be more prevalent. Therefore, helping your child to keep a good standard of hygiene by washing their hands regularly, using tissues when sneezing and covering their mouths when coughing helps to prevent the spread of infections and illnesses. If your child has suffered from a vomiting virus, please ensure that they remain absent from college for 48 hours from the last episode of diarrhea or vomiting as advised by Public Health England.

ASTHMA ADVICE IN WINTER

If your child suffers with Asthma please make sure that they carry their Asthma pump as extremes of heat and cold will trigger people's asthma, even sudden changes in temperature can cause symptoms to flare up. When it gets colder, you may notice that your child's asthma symptoms get worse. If this happens to you, you might dread winter every year. Click on link to find out how to manage this common asthma trigger. <https://www.asthma.org.uk/advice/triggers/weather/>

COLLEGE UNIFORM

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. It is designed to instil a sense of pride, identity and belonging. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.




DECEMBER 2022

DECEMBER

Mon 20th Nov - Sun 18th Dec	World Cup Qatar 2022
Tues 29th Nov	A Christmas Carol play for YR11
Thurs 1st Dec	YR11 Royal Observatory
Fri 2nd Dec	YR11 PA Trial Exams
Mon 5th - 8th Dec	Berlin Residential Trip
Tues 6th Dec	Jack Petchy Speak Out Final
Thurs 8th Dec	Christmas Jumper Day
Thurs 8th Dec	Winter Festival from 7PM
Fri 9th Dec	YR11 Trip to France
Fri 9th Dec	Triple Scientist to Space Centre
Tues 13th Dec	YR9 To Brunel for STEM Event
Weds 14th Dec	French Spelling Final
Thurs 15th Dec	Winter Cafe Event
Fri 16th Dec	End of Term

TERM DATES AND ATTENDANCE

The 2022 to 2023 term dates are detailed on our website and can be accessed via <https://www.rosedalecollege.uk/term-dates>. Please check these dates as they will be particularly helpful to parents, guardians or carers planning family holidays and activities. We would also like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours. The expectation of the governing body is that all students will achieve a minimum annual attendance rate of 96%. The only circumstances in which absence from college will be authorized are when your child is too ill to attend or permission for leave of absence, due to exceptional circumstances, has been received from the Principal.

	Week Commencing: Monday 5th December 2022
MENU 1	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		