

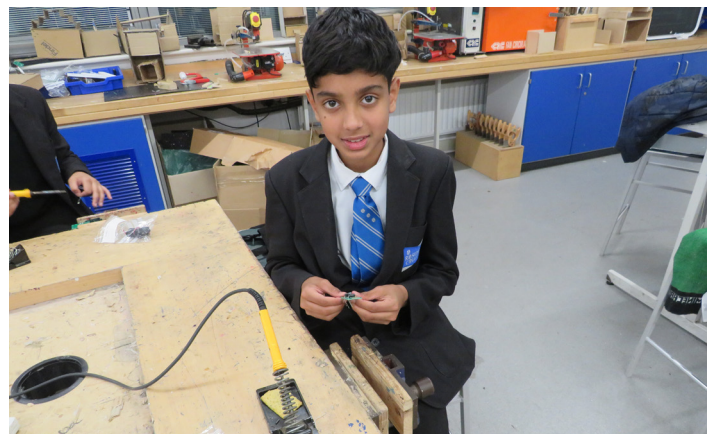
## Extra Curricular Activity

Here at Rosedale College we offer a broad range of extra curricular activities. These activities span sports, technology, ICT, music and art, maths, science, humanities and languages. Extra-curricular activities are widely considered valuable life experiences that are open to all students at Rosedale College. Students benefit greatly from participating in organised extra-curricular activities, they can develop positive tangible outcomes from these experiences of interacting and working with others which could benefit them in later life.

Extra-curricular activities enables students to have a productive break from studies and homework, support and extend their learning in a range of subjects, improve their social skills and increase their physical fitness.



The Technology and IT Alliance offers three extra-curricular clubs, IT Club, Food Club and Technology Club. All three are very popular with the students who greatly enjoy the activities on offer. In IT students can utilise their time to engage in fun activities, catch-up on homework, extend their class studies or experience virtual reality by using the VR headsets.



In Food Technology students extend their previous studies in Food Technology, through the production of a range of healthy food products. Technology Club allows pupils to pursue their interest in Design and Technology and hone their practical skills using our fully equipped workshops or CAD/CAM equipment.

Students access a range of advanced equipment, such as the laser cutter and vinyl cutter to produce products using a range of different engineering skills. At present students are currently making the circuit for their own Rear Bike light designs which involves a range of skills including soldering the components to the circuit board.



## POST 16 OPEN EVENING - Wednesday 30th November

The Rosedale Hewens Academy Trust will be holding its Post 16 Open Evening on 30th November at 5:30 - 7:45pm. Students and their families are invited to attend the evening to find out what opportunities are available for them in the next step of their secondary education.

Please be advised, in order to keep the crowds to a minimum, only one adult per prospective student will be permitted to attend.

## World Children's Day - Sunday 20th November

2022 Theme: Inclusion, For Every Child

World Children's Day is UNICEF's annual day of action for children, by children.

From climate change, education and mental health, to ending racism and discrimination, children and young people are raising their voices on the issues that matter to their generation and calling for adults to create a better future.

This World Children's Day, it's more important than ever that the world listens to their ideas and demands.

On 20 November, kids will stand up for a more equal, inclusive world.




November 2022

NOVEMBER	
Mon 14th - 18th Nov	Anti-Bullying Week
Mon 20th Nov - Sun 18th Dec	World Cup Qatar 2022
Weds 23rd Nov	YR10 & YR11 An Inspector Calls Trip
Mon 28th Nov	Year 11 Options Day
Weds 29th Nov	Christmas Carol Production
Weds 30th Nov	Year 11 Options Day
Weds 30th Nov	Post 16 Open Evening
Weds 30th Nov	St. Andrew's Day
DECEMBER	
Thurs 1st Dec	YR11 Royal Observatory
Fri 2nd Dec	YR11 PA Trial Exams

## World Cup - Qatar 2022

The 2022 FIFA World Cup is a forthcoming men's international association football championship contested by the senior national teams of the member associations of FIFA, the 22nd edition of the FIFA World Cup competition. It is scheduled to take place in Qatar from 20th November to 18th December 2022. Good Luck to all the teams.



	Week Commencing: Monday 21st November 2022
<b>MENU 3</b>	

MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		