

## Returning to College and Feeling Safe

Rosedale College students have spent months learning remotely, however this week, students started the staggered return back to college, where they have found several safety measures that have been implemented to include mandatory face coverings in classrooms and rapid coronavirus (COVID-19) tests upon arrival.

During the first two weeks, our students who have consented will take quick-result COVID-19 tests in order to identify asymptomatic carriers of COVID-19.

At college, we have executed a testing station on site, manned by trained staff who will direct students every step of the way. We have included all safety measures to ensure a protected and secure environment for all our community.

For many of our students, returning to college may be an added source of anxiety in already uncertain times. There are many reasons why returning to college may feel difficult right now and young people may experience a range of emotions including anxiety, worry, sadness, irritability and fear! We are, however, pleased to announce that after the first couple of days, our students are coping well with the tests, and after the initial dubious feeling, they soon realised that it was all very quick, easy and unpretentious.

After the initial programme of three tests in college, students will be provided with two rapid tests to use each week at home. There will be more information on this in due course.



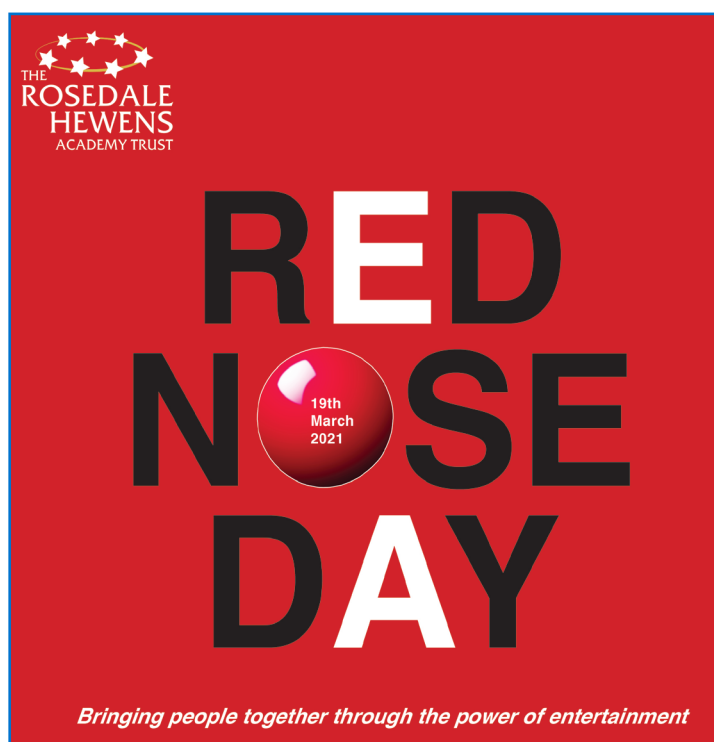
## Global Recycling Day

On Thursday 18th March, the world will come together to celebrate Global Recycling Day; a day dedicated to recognising the importance recycling plays in preserving precious resources and securing the future of our planet.



## Red Nose Day

Red Nose Day will be observed this year on Friday 19th March. With the aim to bring people together through the power of entertainment, join Comic Relief this year in raising life-changing funds for children who need it the most!



## Coronavirus Self-Testing

Secondary School children will be required to undertake coronavirus (COVID-19) tests upon their return to school from Monday 8th March. As such, we have shared some relevant links below so you can familiarise yourself with self-testing for (COVID-19) both, at home and at college.

For instructions on how to test yourself for COVID-19 at home using a self-test rapid antigen test kit, as well as, how to read your result and report it to the NHS, please visit: (<https://www.youtube.com/playlist?list=PLvaBZskxS7tzQYIVg7lwH5uxAD9UrSzGJ>). Please note, individual test kits will vary slightly, so please be sure to check the instruction leaflet in your individual kit.

The BBC have also shared a video on what COVID-19 testing looks like in schools and how schools are preparing for this: (<https://www.bbc.co.uk/news/av/education-56247715>).

Additionally, the NHS have issued a 'step-by-step guide for COVID-19 self-testing', with general guidance on how to safely test yourself and report your result: ([http://upload.reactcdn.co.uk/rosedale/uploads/document/2\\_302\\_covid-19-self-test-instruction-for-use-ifu-guide.pdf](http://upload.reactcdn.co.uk/rosedale/uploads/document/2_302_covid-19-self-test-instruction-for-use-ifu-guide.pdf)).

This will provide yet another layer of reassurance to families and staff, and build on the stringent measures already implemented around the site, including the obligatory requirements for face coverings in all communal areas and in classrooms, to ensure the safest possible return for staff and students alike.

## Registration and Consent Form for Lateral Flow Testing

Thank you to all the parents, guardians and carers for taking the time to complete the Registration and Consent Form for Lateral Flow Testing. In order for us to identify asymptomatic positive cases and help keep students and staff safe, we kindly ask those who have not yet done so to complete and submit this form as soon as possible using the attached link: (<https://trhat.co.uk/letter-covidlateraltest/>).

## Reporting Positive Cases of Coronavirus

It is vital that all parents, guardians and carers continue to inform the College if their child has tested positive for Coronavirus. In the event of a positive case, please contact us on 020 8573 2097 or email us at [Rosedalecollege@trhat.org](mailto:Rosedalecollege@trhat.org). This will allow us to monitor and manage potential cases and reduce the risk of transmission. Thank you for your cooperation in this matter.

## Appropriate Footwear

Students wearing appropriate footwear in college is essential, not only to comply with our published expectations in terms of uniform, but also to avoid inappropriate footwear such as boots and open toe sandals in college. Obviously, if the weather is inclement, it is sensible for students to wear boots to and from college. However, they must change into black shoes on arrival. The Rosedale Hewens Academy Trust cannot accept any liability in circumstances where issues emerge due to inappropriate footwear. Your support in this matter is appreciated.





## A ONE HOUR FREE ONLINE ASTHMA WORKSHOP

**Friday 26th  
March  
2pm - 3pm**

**THESE MONTHLY SESSIONS WILL COVER**


- What to do if your child is having an Asthma attack
- Inhaler techniques
- Asthma plans
- Myth Busting
- Common triggers

**ALL OUR ASTHMA WORKSHOPS ARE RUN BY A FULLY TRAINED  
ASTHMA NURSE**

[www.myhealthhillingdon.nhs.uk](http://www.myhealthhillingdon.nhs.uk)
[Hillccg.Myhealth@nhs.net](mailto:Hillccg.Myhealth@nhs.net)

## College Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. It is designed to instil a sense of pride, identity and belonging. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.

 <h3 style="text-align: center;">MARCH TO MAY 2021</h3>	
<b>MARCH</b>	
Thursday 18th	Global Recycling Day
Friday 19th	Red Nose Day
Friday 26th	Online Asthma Workshop
Wednesday 31st	Term Ends
<b>APRIL</b>	
Monday 19th	Academic Review (Key Stage 3 and Post 16)
Tuesday 20th	Academic Review (Key Stage 4)
Wednesday 21st	Term Begins
<b>MAY</b>	
Monday 3rd	Bank Holiday (May Day)

		<b>Week Commencing: Monday 15th March</b>	
<b>MENU 1</b>			
<b>MONDAY</b>			
Meal Choice 1	Lamb Curry with Rice	Halal	
Meal Choice 2	Teriyaki Chicken with Rice	Halal	
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal	
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian	
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free	
Vegetables	Sweetcorn and Green Beans		
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts	
<b>TUESDAY</b>			
Meal Choice 1	Spaghetti Bolognese	Halal	
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal	
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal	
Meal Choice 4	Ratatouille Spaghetti	Vegetarian	
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free	
Vegetables	Carrots, Peas and White Cabbage		
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts	
<b>WEDNESDAY</b>			
Meal Choice 1	Tuna Pasta Bake		
Meal Choice 2	Chicken Tikka Masala with Rice	Halal	
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal	
Meal Choice 4	Macaroni Cheese	Vegetarian	
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free	
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts	
<b>THURSDAY</b>			
Meal Choice 1	Mexican Chilli Mince Wraps	Halal	
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal	
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal	
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian	
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free	
Vegetables	Mushy Peas and Sweetcorn		
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts	
<b>FRIDAY</b>			
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges		
Meal Choice 2	Tomato Pasta Bake	Vegetarian	
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free	
Vegetables	Baby Carrots and Peas		
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts	
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>			

## Absence Reporting

In the event of your child being unable to attend college, please contact the main reception on 020 8573 2097 before 8:45am. In order for the College to ensure that all students are properly safeguarded, it is important for you to follow this procedure for every day your child is absent. The only exception to this, is for extended periods of illness where the period of absence is explained in a note from your child's doctor or hospital. The College is required to account for all absences so please ensure your child brings a letter that verifies the reasons for their absence on their return to College. Thank you.