

Cllr Roy Chamdal, the Worshipful the Mayor of Hillingdon

Mayor of Hillingdon's Charitable Trust 2021/22

This year the Mayor is supporting:

DAS (Domestic Abuse Survivors)

Navratri Garba



Domestic Abuse Survivors
Registered Charity Number 1163864



Please send your donations to the
**Mayor's Parlour, Civic Centre,
High Street, Uxbridge, UB8 1UW**

Cheques to be made payable to:
'Mayor of Hillingdon's Charitable Trust'

For Gift Aid email: mayor@hillingdon.gov.uk

Please help the Mayor raise funds for this great cause

Registered charity number 1164375



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www.hillingdon.gov.uk/mayor

About the charities...

DAS

DAS is a non-profit project run by Domestic Abuse Survivors which will support young people who are in the social care system in the borough. The funds raised will help to provide advice, support and practical items for the young people, including:

- weekly catch-ups and activity sessions covering topics such as healthy relationships and sexual exploitation
- trips out and enrichment activities
- a safe space to discuss issues and achievements
- bespoke care kits containing items such as toasters, kettles, bedding and other essentials for the young people leaving care and setting up a home
- emergency clothing and shoes, and interview clothes
- white goods in an emergency to families who have fled abuse.

The project also hopes to provide an opportunity for the young people to make positive memories which will last into adulthood, and a link to the charity's support if they need it in the future.

Navratri Garba

Navratri Garba's mission is to selflessly serve those less fortunate.

The charity's key role is providing food to the vulnerable, lonely, homeless and those who cannot afford to buy regular healthy food. This currently takes place every Tuesday afternoon at 2pm.

The charity works to promote healthy bodies and minds in the local community, and combat loneliness. Activities include:

- healthy cooking classes to both create dishes and to serve on Tuesdays
- free tea/coffee mornings, inviting the elderly to chat and socialise.

The charity is also working to raise awareness of and reduce crimes affecting the community.

Navratri Garba also invite local schools to visit and offer music lessons for children and adults.

Please help the Mayor raise funds for these great causes